The Angels' Teachings



Genevah Seivertson

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The Song of Our Soul

The Angels' Teachings has been the song of my soul which I have been singing almost all of my remembering life. May it also become yours. Each learning, every growing, all the sharing and challenges add verses to the melody until it becomes a strong, vibrant cry, ready to be heard, listened to, studied and acted upon by the many who seek to express their own song of their own soul.

The shout of joy from the heavenly realm echoes out and out as we gratefully acknowledge our willingness to learn what we can from the instructions given. The blessings of Thanksgiving glows around us as we dare to take the steps shown herein and then look forward toward even more to come.

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Chapter 1

The Angel Azrael

Not all of us could physically see the Heavenly Being whose presence filled all available space in the room but we all were aware that a mystical being was with us. Someone always came for us. We were seven special persons, dedicated to doing the work of our Creator. We met together on the third Tuesday of each month where we became inspired, received directions as to how to serve and make plans, and carry them through.

This day the Angel Azrael was here. A glow emanated from him in waves of vibrant life and joy. There was an aura of masculinity. Above his head was a seven-starred crown with points of radiance so great they were lost in the distance. There were sheaves of wheat as well as large groups of many kinds of fruit and beautiful flowers about him.

To us he appeared as male, tall, well built but not muscular, with regular features. There was an impression of dark hair and eyes as well as a gentle but firm gaze. "Angel of Life"...Angel of the Harvest." These were the words he used to describe his purpose. The fruits and flowers were indicative of his purpose as he was teaching his purpose to us and training us to work for and with him.

Eleanore M. Thedick (1883 - 1973) was the channel through whom he spoke. She is known in the Inner Realm as "The Messenger" because she was willing to do this work and to follow directions implicitly.

The Angel Azrael appeared to Mrs. The dick by Himself, as well as with the group, over a long period of time, and always came in the same form. This doesn't mean that he appears to everyone in that way. One of the special things about the Angelic Realm is their ability to show themselves in the role necessary to meet any particular need, whether it is to impart special information, to teach, or to heal. Always, the appearance is one which can be recognized by the recipient.

On this first visit, the Angel Azrael claimed his two purposes as The Angel of Life and the Angel of Harvest. He also said he would teach the members many things. He is in charge of many angelic beings who are called The Angels of Life. One or more of them are always near

hospitals, nursing homes, foster homes; all places where new souls are born into this world and old souls go to their new lives in rebirth.

He explained that many think of him as the Angel of Death because he assists us into our next life. Jewish mythology and Muslim tradition sustains this idea for they name him as the guide who separates the soul from the body at death. He claims however, that there is no death, only a change in form. He insists that his title is truly the Angel of Life. As such, we may hear his gentle movements or those of his helpers in the sick room, either at home or in an institution.

After many years, Varna Jones still recalls hearing the rustle of this angel, or one of his assistants, in her hospital room where she was critically ill with a puerperal infection. This was in the days before antibiotics, as she is now more than 90 years of age, and there was little help then for such diseases.

Her doctor and his consultants were concerned that the fever couldn't be lowered and were unsure if the blood clot would stabilize or break off and go to her heart.

Although she faced death, she was unwilling to accept it. "I just had to get well," Verna said. "I had been motherless myself from nine years of age. I raised four younger sisters and brothers. I was determined not to leave my three babies in that kind of situation."

She says she spoke to the angel and he listened, then he left. She recovered, although even after all of these years her leg is still scarred and tender. Her gratitude that her life was returned to her is still clear in her mind.

Like many others, to her he was the Angel of Death. The Angel Azrael's approach is simply put and perhaps symbolizes the philosophy of the whole category of angels. He says: "Whatever you call me, I am ready to help."

He gave that help recently at the passing of an older woman named Josephine. I watched by her bed during her last moments on this plane. It seemed as though she were in a birth canal, leaving the womb of Mother Earth to enter her new sphere, helped along by an unseen force.

She laid cradled in a fetal position in her hospital bed. There were gentle arm movements as though she were striving to break through into her new life. An ambiotic radiance encompassed her.

She was unaware of her immediate surroundings as she reached out for the approaching newness. I sensed that angels were helping her to be born another time into a world of Light where flowers are more fragrant; birds sing in greater joy and there is a brightness of the heart and peaceful rest.

Josephine faced this experience fearlessly. She was surely a successful graduate of the School of Life of which the Angel Azrael spoke on other occasions. It is his teaching that the earth is a school into which we are born. We stay here for a while and learn lessons which can't be experienced anywhere else. After we've gained our knowledge, either partially of fully, and reaped the particular crop which we have sown, we are ready for our next adventure. He helps us reap that crop and this is why he is also called The Angel of the Harvest. He brings us the fruit of the seed of experience which we sow. Those who have the extended vision called clairvoyance are aware of the symbols of the reaping season around this Being—sheaves of wheat- and abundance of fruit and flowers, some familiar, others unknown; all colorful, richly ripe, absolutely perfect.

Our learning which we can share if we are willing to be an angelic helper is to be aware of our activities and thoughts that we "speak no evil; see no evil; do no evil." We are always welcome to ask this great helper named Azrael to give us his own help or send one of his compatriots to us.

In the Hebrew language the name Azrael means "Help of God." As he brings the help of God to us, he says his group and he provide us with opportunities for growth. If we react in a positive way to life's apparent ups and downs, we harvest a good crop such as peace of mind, joy and health. On the other hand, if we choose to be bitter about life's lessons, we reap another crop...bitterness...illness...unhappiness. The choice is ours.

Many of us complain about how we feel that the world treats us. "Unfairly," we say. But we actually choose our own results through our reaction to events with which we're faced. The angels just bring us what we select.

The Angel Azrael and his groups are willing to help us change those results if we ask, but only if we ask. Creative Source has given those particular angels the power to call forth life and bring good. If we ask, harmonious adjustments will take place in our body, mind, soul and affairs. We'll have energy, vitality and strength.

But we must ask.

And accept.

The angels will not push nor intrude.

We must be willing to give over our confusions and learn to live each day richly; forget yesterday, which is gone; refuse to dwell upon tomorrow which hasn't yet arrived. If we accept this, life will be renewed in us as the trees are renewed in the spring.

The angels will pour upon us all the life of Almighty Creative Source; as much as we can hold. Our bodies will be healthy, our minds clear, our souls joyful.

If we ask.

And appreciate what we receive by giving thanks.

The Angel Azrael stresses that it is right to give thanks for the gift of life. This puts us in touch with our Creator either directly or through angelic means. If we use our capacity for enjoying life to bring Creative Source into our lives and then let our attitude shine through us to those we hold dear, it is as though they become a focal point which lets the fullness of Life go out and out with the bounty shared to all who will listen.

He stresses once again that he is the Angel of Life who watches over our comings and goings. He is also the Angel of the Harvest who brings us the fruit of the seeds we sow through

our words, thoughts, and deeds. These can be peace of mind, serenity of Spirit and a consciousness of work well done and joyously shared.

Our life can become strong, well, vigorous; filled with the energy courage and faith. We can live Life abundantly.

He suggests that we give thanks that he, Azrael, the Angel of Life and his many helpers are always ready and available. It is their joy to help us. He also says that we help his group and him when we assist him with our prayers of petition and well as Thanksgiving.

Dear Angels of Protection...

Clothe us

In the radiant Light

of Pure Spirit

So we may be secure

Throughout this day.

Guard us

Against thoughts or desires

Our own...and others

That keep us from living

The full and joyous life

Which is ours.

Help us

Be one with those

Whom you would have us know.

Let our perfect plan unfold

In body...mind...soul.

Accept our thanks and praise.

Chapter 2

The Joy of Protecting our Bodies

The butcher, the baker, the candlestick maker,

The dentist, the surgeon, the temperature taker,

the masseuse, the masseur, the medicine maker.

The soldier, the king and the children's caretaker

What do all of these characters have in common among themselves? Where do we fit into that rhyme?

We all share a need for PROTECTION which is widely recognized these days on a physical level. This is also becoming more and more well-known on a spiritual level.

With all the health hazards represented in the physical worlds of the late twentieth and soon to be twenty-first centuries, we hear directions in every occupation; "Guard against contagion!" "Wear gloves!" "Keep away from bloody discharge!" "Get flu shots!"

These are some of the warnings to care for the physical body. It is also necessary to become aware of the need to keep our higher bodies and the mystical portion of us free from harm and always available for our use. The technique for this later is called "SPIRITUAL PROTECTION". This needs to be taken as seriously as the dangers of hepatitis, aids and unguarded sexual relations as well as other threats.

The Standard College Dictionary put out by Harcourt, Brace and World in 1966 defines the word SPIRIT as: 1) "The vital essence or animating force in living organisms, especially mankind, often considered divine in origin." 2) "The part of a human being that is incorporeal and invisible and is characterized by intelligence, personality, self-consciousness and will - the mind." 3) "The substance of universal aspect of reality regarded as independent of and opposed to matter."

This tells us that just as simply as love between two persons is intangible, just so the love between our Creator (called by many different appellations) is an intangible. As we grow and bloom, in like manner we must protect and care for our vast physical and spiritual expression found in the much larger part of us which is normally unseen.

The first section which is "unseen" except by those with extended senses, is labeled, our aura. Each of us has seven ovals which surround our material body. All are sheer. They reflect the state of our physical health, emotional stability, and spiritual growth. There is an interplay whereby they reflect off each other. They all need protection for when there is tension and danger in our lives, we hurt and react to those emotions.

The first oval is our "health aura." In a sense, it is not only the one nearest our physical body, thus reflecting our aches and pains or enervating vitality, but it is also affected by the other six. Our common sense tells us that this is so. When our head aches, our stomach reacts; we may be cranky or emotionally aloof. Our whole body becomes involved when our emotions or spirits are low.

After the health comes the "astral" or emotional aura which flares out in varied colors according to whether we are excited, fretful, joyous, angry, or a combination of these. Truly to those who have acute intuitive insight called clairvoyance, a color show of an individual allows the especially gifted one to know how one is feeling emotionally.

The third aura is our "common sense" or literal thinking tie-in, while the fourth reflects our intuitive thinking. These are followed by the fifth, known as the 'thread-self' which is an accumulation of all the things we have ever learned or accomplished in this life and all the others we may have lived.

Seldom seen by even the highest sensitives are the sixth and seventh ovals around us. It is through these two that we are tied in and fed physically, emotionally and spiritually by our Creator.

In turn, the sixth and seventh auras feed the other five. The five feed the human body. Our aura is a true delicate part of the whole body. Closely aligned with the mouth-shaped tubes of the seven chakras which are the centers of spiritual energy. The chakras are attached to the

body in the nerve/gland area of the physical organ to which they relate. These chakras are psychic centers which serve as antennas to pick up on everything around us; material and immaterial. The auras are color-coded in such a way that the condition of a particular one can be judged by the shade of the color of the chakra where they join.

Thus delicately are the various auras and chakras blended to reflect our health, emotions, common sense, intuition; our inheritance from other lifetimes and ideas that we receive from the Creator.

THIS IS THE DELICATE WHOLE

WHICH MUST BE PROTECTED SPIRITUALLY

PRAYERS OF PROTECTION ARE THE MEDIUM TO BE USED.

THE ANGELS OF PROTECTION ARE

THE ONES TO GUIDE US THROUGH THE PROTECTIVE PRAYERS.

Two illustrations, one from my husband's life and one from mine, show how this can happen. My husband was driving between Corning, California and Chico, California. Ahead of him was a big truck loaded with large bales. The two vehicles were driving at the same speed. Suddenly, without any movement on his part, control of the steering wheel was wrested from Wayne and turned sharply to the left, putting him in the next lane. At that same instant one of the huge bales fell from the truck. You can imagine the damage that would have taken place without that heavenly intervention.

The second illustration took place on a Saturday and involved two tremendous pieces of work. This was before my husband has recognized how to use the great spiritual gifts with which he was blessed. He always knew he was different but not what to do with his abilities. In fact, he was torn between the human and Divine parts which pulled him one way and then another. Finally, in desperation he told me that he "had a monkey on his back," for he was drawn more into earthly living but was constantly bothered by the spiritual "nagging" him.

My role in our relationship was to always do something with the challenges that arose. I had just become aware of the technique of the HEALING OF THE SPINAL DOORS but had not yet taken part in the work. Nevertheless, I phoned and set up that Saturday as a time to meet with Mrs. Thedick and our mutual friend Maurine Brown Who stayed with Mrs. T.

I stress that this meeting took place on a Saturday because we only had one car and I had to drive my husband to work at 4:00 am, to be able to drive between Sacramento CA, and Oakland. The car had radiator trouble so before I left I made sure that I filled it with water.

Cleansing of the spinal doors is still a little known technique which we will learn later. Mrs. Thedick was in charge of the work, with Mrs. Brown and myself backing her up with prayer. These three doors, located at 1) the nape of the neck, 2) the middle of the spine, 3) the base of the spine, were looked at, cleansed, healed and sealed with the cross of the Christ with wonderful results in the rest of my husband's life.

I left the Oakland home in such a state of exultation that I never gave the radiator the slightest thought until I noticed that the heat indicator on the instrument dial was starting towards red. I was nonplused. Driving on the freeway on a Saturday with only one car for two people opened up all kind of challenges. If I were to pull off at a ramp and phone AAA for assistance, I would only be taken to the closest place I could get the radiator fixed. Undoubtedly, in the late afternoon of the weekend, it wouldn't be fixed quickly. The situation seemed impossible to be solved from a practical point of view so I decided to put my Faith in a higher source. Only desperation should push one to ignore the laws of nature for one must never do a dangerous thing daringly.

I prayed aloud for assistance. With my inner eye I beheld three angels aero-dynamically placed: one down the center of the hood, one resting along the left side, another on the right, And I sang, and SANG! AND SANG!!! I have a tremendous voice when I use it in all of its volume. I have a large bellows to use and was trained as a public speaker and could project my voice. With true faith, this is what continuously filled the air from the moment I decide to stay on the freeway:

Holy! Holy! Holy!

Lord, God Almighty!

Heaven and earth are full of Thee;

Heaven and earth are praising Thee;

Oh, Lord Most High!

Over and over, I praised my Creator in absolute bliss that I was in his care. And I was!

The red line which had started to go up never moved another fraction of an inch. I drove for an hour and a half into the driveway of our home without a drop of water left in the radiator, but no damage to the car.

To return now to the background of the Angels of Protection and their teachings: The earthly headquarters of the Angels of Protection are in the area of Yosemite National Park in the State of California in the United States of America. This spot was chosen out of the whole universe because no wars have been fought there nor has there ever been large amounts of blood shed in the area.

Heavenly peace can be found for the angels and also for us if we choose to be still and meditate in this divine spot.

The angels are always on call and welcome our efforts to protect ourselves and those whom we hold dear.

They are especially pleased if our prayers are used as a focal point to go out unendingly like a stone dropped in a pond of placid water. In fact, angels of every department welcome our assistance in that way, but the Angels of Protection are an especially important branch of service.

The oldest expression of protection is the statement, "RING! PASS NOT! (origin unknown). Flower A. Newhouse, one of today's true mystics, said in *The Drama of Incarnation* that spiritual knowledge acts as this ring of light around the lower nature of man. Eleanore M. Thedick said in her book *Light on Your Problems*, "Long before Paul's day, the mystics taught their students the laws of protection which they called 'The Ring, Pass Not'. This put a ring of light around the speaker, which evil could not penetrate."

Geoffrey Hodson, author of *The Kingdom of the Gods*, goes much further and says that The Ring-Pass-Not is the outer auric system which serves to insulate our planes against the intrusion of foreign vibrations and substances. In turn, he places these words around each of us as the Solar System in Macrocosmic creation.

This circle of Light, the "The Ring! Pass Not!" becomes a speedy help in times of unexpected danger. Only four words, but four powerful ones. Accept them as a usable tool!

SPECIAL PRAYERS OF PROTECTION

Certain prayers of protection were given to Eleanore M. Thedick for her to teach. Mrs. Thedick is mentioned frequently in this book because her influence in this field extended over an extra long period of time and because she was dedicated to doing the Will of our Creator with every breath she breathed. Gracious, gifted, willingly she served. We are glad to pay tribute to her.

She taught that it is very necessary to clothe ourselves in these prayers as outer garments to start each day's adventures. She says we are especially vulnerable when we are still and open ourselves to listen to the guidance of the Holy Spirit. Disturbing thoughts from the Inner World and this planet can reach us. The powerful vibrations of these prayers asking the Christ Spirit to protect us will sift the thoughts and emotions which approach us and ward off negative thoughts and actions.

THE WALL OF FLAME

"In the Name, through the Power and by the Word of the Living Christ, I build a Wall of Flame around myself, my loved ones, my home, my affairs and any conveyance I may use. I give grateful thanks for this protection.

AMEN"

This wall of Flame is based on the Hebrew story of Zechariah, found in the Old Testament, Chapter 2, the first five verses. The Good News Bible says, "In another vision I saw a man with a measuring line in his hand. 'Where are you going?" I asked. "To measure Jerusalem," he answered, "To see how long and how wide it is." Then I saw the angel who has been speaking to me step forward and another angel came to meet him. The first one said to the other, "Run and

tell that young man with the measuring line that there are going to be so many people and cattle in Jerusalem that it will be too big to have walls. The LORD has promised that he himself will be a WALL OF FIRE AROUND THE CITY TO PROTECT IT, and that he will live there in all his glory."

CLEANSING OF OUR AURA

"In the Name, through the Power and by the Word of Jesus Christ, my aura is cleansed of everything but the pure White Light of Christ. My aura is recharged with the same White Light of the Christ."

Refer to Second Corinthians, 7:1 for verification of this prayer. The emanation of Life which flows from us and encircles us is, as we have learned, called our aura. All of our feelings, positive and negative, are evidenced in this unseen reflection of ourselves. When we use this special cleansing prayer, we wash our inner selves in much the same way we cleanse our outer selves with soap and water.

THE ARMOUR OF LIGHT

"In the Name, through the Power and by the Word of Christ Jesus, I put on the whole Armour of Light. On my head is the helmet of Salvation. I wear the breastplate of Righteousness. My loins are girded with Truth. My feet are shod with Peace and enveloped in the Flame of the Spirit of Almighty God. In my left hand is the shield of Faith. In my right hand is the Sword of Spirit. The Sword of the Spirit is the Word of God and the Word of God is unassailable. Only Good shall come to me. Thus clad, I stand joyfully expectant, ready to do the Will of the Father.

AMEN

This is adapted from Paul's letter to the Ephesians, 6:11-18

THE CHRIST PRAYER

"Beloved Christ, we, Thy children, close the door of the outer world and contemplate Thy Holy Presence within us. We feel the Christ love flowing through us. All that is unlike Thee disappears. We are filled with Thy purifying love which supplies our spiritual and our physical needs.

"We radiate this love to all the world to bless and heal Thy children everywhere (at this point, bring into mind individuals, groups or situations which need healing). We give thanks that we have received, The Word has gone forth to bless and to heal in the Name of the Living Christ. AMEN."

This prayer which was given to Mrs. The dick is to be used as an integral part of each day's meditation.

A VERY SPECIAL PRAYER FOR YOU AND ME!

Have you ever noticed that you often "rub some person the wrong way" or someone does the same to you?

The experiences we have gone through in this lifetime have built up their own glow around each of us. We exude what we have accomplished or failed to do and those we meet pick up on our traits. Everyone's Personality Light tells its own story and often irritates others.

There is such a simple answer to this that it is truly strange that there would ever be friction in the world. All each one of us needs to do is say: "LET MY PERSONALITY LIGHT BE SOFTENED TO THOSE WITH WHOM I COME IN CONTACT TODAY AND THEIRS SOFTENED TO ME."

That's all there is to it!

The same words, modified to the situation can gentle our actions and words to an acceptable level. Learn to say, "LET MY WORDS AND DEEDS BE TENDERLY TEMPERED TO THOSE WITH WHOM I COME IN CONTACT TODAY, AND THEIRS TEMPERED TO ME."

"To ask that anything be tempered is to request that it be modified and moderated to an acceptable level. To "act as though" and/or believe that these two protections can be put around us in a second is to have us completely change for the better the reactions of those with whom we deal each day.

This series of prayers are written in the first person for us to allow our Creator to meet our immediate needs. To ask that each prayer be used as a focal point for others in need meets the criteria of the angels to help them on their work and enriches our lives and the lives of those who are touched by our work.

To expand our prayer, simply add, "Let these words be a focal point to go out and out to others in need of this assistance. Thank you, dear Creator."

My Personality Light shone too brightly for a lengthy period in my life. I'd like to say I recognized my challenge quickly but I struggled for a long time. For a good while I didn't know the technique and even when I learned it, I didn't apply it right away. In all honesty, I wanted my worth to be recognized for itself. To those who fight this battle and win there will be many more opportunities to be prominent after the word and actions are tenderly tempered and become more acceptable in the personality.

This work is under the aegis of the ANGELS OF PROTECTION, just as are all other prayers. These words are just the personal key that makes everything else click.

All we've learned about protection tells us that our words are electrical impulses which keep undesirable thoughts and actions from reaching us. Our GOOD can easily penetrate that Light; in fact, it becomes part of it. The vibrations last about eight hours and should be renewed at that time. You will almost know when to say, "Dear Creator, please renew my protection" in the late afternoon when your energy begins to lag. The same help should also finish up your day at bedtime.

At night it is good to add the words, "PLEASE PUT THE ROBE OF RIGHTEOUSNESS WITH THE HOOD OF HUMILITY ON ME." This simple request lets the Angelic beings called "Robers" clothe you in the beautiful outfits for whatever particular situation you find yourself in and takes care of any activity the angels may involve you in while you sleep.

Your light shines all the time and those on the Inner Plane will find work for anyone where they see the Light. Much healing work is done while we sleep.

In fact, sometimes one is so very tired that a request can be made that you not work that night. I had to give one of my sons this "out" recently. Like everyone else in our family, he is gifted with extraordinary inner talents. He is working on his Ph.D. dissertation as well as being employed part time and taking classes. He said that often he is as tired in the morning from working at night as he is when he went to sleep, he works so much on the ethereal plane. He appreciated that he could "beg off."

Know that as you serve THE ANGEL OF PROTECTION as you work daily with this chapter. As with all situations between the human being and the angelic being, actions are reciprocal for we are all made by Creative Source.

If we begin as we open our eyes in the morning, a very few minutes are needed for the work of protection and we are blessed immeasurably.

As a personal aside, just recently I received a letter from a former student who is still using these protective prayers. She retired early and has learned to be a masseuse. She says, "I notice other sources are now bringing protection in as an important factor. For instance, when I was training in massage work, the teacher taught us to 'work as though' there were a sheet of plastic in between the patient and the masseuse."

It doesn't matter how the work is worded, only that it be used.

Know that the words may be changed to be acceptable to another. In working with a man who was applying for a job where he was more intelligent than the man in charge, the illustration of driving with bright light at night was used. We all know we can't see when the car approaching is using bright lights whereas if both cars switch to their dimmers. Everyone can see. As the young man left, he gave me a big grin and said, "I know! Switch to my dimmers," and of course, he got the job.

SPECIAL PRAYERS FOR SPECIAL TIMES.

In today's world, the need for us to work with protective prayers for others is very urgent. The Wall of Fire spoken of in Zecharia 2:5 is the Flaming Light of the Living Christ. This power can be activated in the Christian world by the reverent use of the name of Jesus Christ.

In thinking of those who follow another path, we will once more use the generic term, CREATIVE SOURCE.

In all instances, we will know that the words are Holy!

UNIVERSAL PROTECTION, in the name of CREATIVE SOURCE, surround the entire world and all the Children of Light with the Flaming Light of Spirit!

CONTINENTAL PROTECTION

When prayers are used to protect a particular continent, they reach into the stratosphere, the depths of the earth and the depths of the sea. This is the prayer:

"In the name of the CREATIVE SOURCE, we surround the entire continent of (insert the name of the continent of your concert) with the Flaming Light of Spirit."

PERSONAL PROTECTION

"We build a WALL OF FLAME around (mention those in need of protection) in the name of CREATIVE SOURCE and we give thanks that this is done."

(THESE ARE POWERFUL STATEMENTS WHICH BRING GOOD RESULTS AND SHOULD BE REPEATED FREQUENTLY WITH THANKSGIVING. THEY MAY BE BROADCAST BY A GROUP OR USED ALONE. BE WISE ENOUGH TO ASK THAT THE WORK BE TEMPERED TO WHAT IS RIGHT FOR THE RECIPIENT AND GIVE THANKS THAT THIS IS SO.)

Chapter 3

The Swing of the Pendulum and the Angels of Beauty and Balance

We have written of Azrael, the Angel of Light and the Harvest. We've given great details of the purpose and use of the Prayers of Protection of our Outer Self and our Inner Self as well as any situation that can arise in our lives or the lives of others.

It is now time to tell you the ultimate goal of this book. Wayne and I worked for many years in the fields of Angels; their abilities and desires to work with us and THE USE OF THE MYSTERY TEACHINGS which are now shared with you. The secret of success in these fields lies in the use of BEAUTY AND BALANCE. All that we did was beautiful rather than ugly; well intentioned rather than frantic. May you learn and serve in equal satisfaction.

Before my husband became active, I was working with my niece in the healing field. My husband walked past us and said, "Huh! I can do that but I don't like to look at the ugliness!"

"Why Wayne," I reacted, "There's no ugliness here. What if you were a surgeon faced with a burst appendix. You wouldn't say, 'Ugh! That's ugly. Take it away.'

Rather you would remove that which was diseased, stitch the wound and watch it heal."

He was able to understand that illustration and as a result we became a team for twelve or fifteen years with an exceptionally high success rate of allowing CREATIVE SOURCE to work through us.

There is nothing in this text that we have not worked with! We speak from experience.

ANGELS OF BEAUTY AND BALANCE

Definition: Beauty is that quality in objects, sounds, ideas, and attitudes that pleases and gratifies, as by their harmony, pattern, excellence, truth.

Definition: Balance is the harmonious proportion as in the design or arrangement of parts in a whole.

Most aptly named, the angels of these qualities bring the right proportion of their gifts to every situation.

My husband and I always invited them to be part of the workers of the Heavenly Host who assisted us in the deep inner prayer work we did for others. If the qualities of these angels are brought to any situation, there is bound to be an improvement.

These helpers are readily available. They don't ask for special recognition, nor push themselves forward to be heard. LIKE TWO SIDES OF A SCALE OR THE PENDULUM OF A CLOCK, they bring the right ratio of their gifts until harmony is achieved.

They are modest and work at our invitation with no strain. They make themselves visible on order to be helpful.

I use them constantly.

So can you!

It's as simple as the acronym (A) (A) (T) (E).

- (A) Ask! Whenever there is a challenge that exceeds our ability to deal with it, simply ask these beings to assist. Say, "Angels of Beauty and Balance, will you please come into the situation."
- (A) Accept. Become calm. Let the shoulders relax. Take a freeing breath.

If we allow it to be so, all tension will slip from us, down from the top of the head, through the throat and chest area. Out abdomen will become loose as will our arms and shoulders, thighs and legs. Our confusion will slip out through the hands and feet; out into the nothingness of the beyond, and we will be free to accept the right answer as our Creator sees it....and the answer will be good...for that is the Law!

We've asked a powerful group of heavenly helpers to be of assistance. Don't waste their energy nor their ability. Accept that you've been heard.

- (T) Say, "Thank you for your help," and mean it. That's all we need to say.
- (E) Enjoy. Walk away from the situation both physically and mentally, completely content that all that is necessary has been done. God's law has been fulfilled.

This technique may be used for challenges near at hand or far away. Angels don't have to fly from place to get somewhere. They are simply there at the moment.

Angels fulfill God's purpose when they serve our needs and help us to help them. It's their opportunity to grow when they see their qualities of Beauty and Balance come to fruition in any given situation.

Count on them especially where excessive, addicting habits are involved. Beauty and Balance are the qualities lacking in these cases.

As a special addition to these angels, attached are descriptions of the other two angels who are considered the highest. THE ARCHANGEL MICHAEL AND THE ANGEL GABRIEL.

THE ARCHANGEL MICHAEL

The great Archangel Michael, as he is known in the Judaic and Christian faiths, or as Mika'il in Islam writings, is head of the protection groups as part of his duties. His mighty Sword of the Spirit can cut us free from any danger. His presence may be sensed when the fragrance of the Lily of the Valley is in the area and yet there are no flowers visible.

This same Angel, who is regarded as the highest of the high, is also in charge of all the Guardian Angels. We are each assigned a special angel at birth. This Being is available any time we ask for assistance.

Here is a message the Archangel Michael sends us: He wants us to know who he is, the Angel Michael, and he wishes to explain a little to you about the Spirit of Almighty Creative Source which is now being poured out upon the world. It is what is known as the Holy Spirit of the Whole Spirit. It is wisdom, knowledge, the Revealer and the Bringer of Truth.

He would like us to realize that what we call the Perfume of Christ, the Spirit of the Almighty and what is known in the Holy Bible and the Holy Spirit was called by Christ, "The Comforter." It is necessary for us to come into a greater realization that this whole Spirit within us is just as much a part of us as our life. We are to give thanks for it. Rejoice in it. Accept it as the Revealer, the Comforter, and the Helper in our life as well as in the life of all humanity. As we come into the consciousness that this indwelling Spirit is the whole Spirit of the Creative Source, not just a part, then we can work with the Father with greater ease.

Michael asks lovingly if we understand that when the Spirit takes over and does the work, then it can be done easily and beautifully. It is the nature of the Whole Spirit of Almighty God to work silently, perfectly and joyously. It brings forth upon this earth healing of body, mind, and soul through the comforting Love of God. The Spirit of God is the Breath of the Almighty and the Perfume of Christ.

He rejoices that we are privileged to be a channel through which this wonderful Spirit can flow out to bless many. We are to become reverent and ask carefully when our power is poured out, that it be tempered to what others can use. The Path will be lit and those who walk in the Spirit shall be blessed though us, and we shall realize that we are a Channel of the Power of God

to flow through us, unhindered, unlimited by our mortal and human thought of how great It is and how small we are. Others will know the Comforter through us and we are blessed.

The Archangel Michael is known by his "Sword of the Spirit" which can cut us free from any harmful thing which endangers us. This power is described when we write of its use in one of the Mystery teachings called, Healing the Spinal Doors.

He is head of those who travel the Path of Light. As such, he helps Shirl E. Scott in her mystical work. From the time she remembers anything, Shirl has had needy ones from the other side as well as this side approaching her for help. When she was very small she was frightened, as would be anyone her age, because those in need would be attracted by her special radiance and would approach very close. To her, they appeared as great eyes rolling and peering at her. For a time this fear kept her from realizing that she was really gifted.

The Archangel Michael gave her his name as a special guide many years ago and she speaks familiarly with him. When she questions something, she glances over her right shoulder and queries, "Michael?" and hears his answer. He has given her a white cocoon which envelopes her when the work endangers her.

She knows if a job is hers to do because a rose-purple-mauve color, which is hard to describe, pours out from her forehead where her "third eye" is located. When this light centers on that which is presented to her, she trusts the work which comes through to be right.

So, the Archangel, Michael works with his Mighty Legions and waves his Sword of the Spirit to cut us free from the webs of life that bind us; works with the great ones and still is available for individuals. He is the only one named in the scriptures as an Archangel.

THE ANGEL GABRIEL

The angel Gabriel (Jibril in Islamic) which means "God is my strength," or "Man of God" is one of the two highest ranking angels in Judaeo-Christian and Mohammedan religious lore. The Archangel Michael is the other. Gabriel is considered the Angel of the Annunciation, Resurrection, Mercy, Vengeance, Death and Revelation, but it is in his role as Angel of Love that he is a protection to us. He guards us from the emotions which cause us sorrow and confusion. He brings solace to individuals over and over again.

If we think, we may recall instances when he has channeled the Love of family or friend to care for us.

The Angel Gabriel is named in the Holy Script of the Hebrews, Christians and Islam. He appeared to Zacharias and later, with wonderful news, to Mary. Mary believed, Zacharias did not. Because of his close association with the Holy Family, undoubtedly Gabriel was the one who appeared to Joseph in a dream and warned him to escape Egypt with Mary and the Child.

Although the Hebrew and Islamic scriptures speak of his name as meaning, "Man of God," Gabriel describes himself with these words" "I am Gabriel that stands in the presence of God." He was first mentioned by name in the Bible when he was sent to Daniel to explain Daniel's vision. A quotation from the Book of Daniel says, "I, Daniel, had seen the vision and sought to understand it, then, behold, there stood before me one having the appearance of a man. And I heard a man's voice...which said 'Gabriel, make this man understand the vision.'"

Our friend, Mrs. Thedick, tells of a vision she has of Gabriel in another role. At a musical, while listening to beautiful music, suddenly everything faded away and she saw a great company of the angelic ones, marching four abreast, and coming toward her. She said, "To see a Spiritual Army in movement, reaching afar off into the distance, and filling all space with their glory is a sight not easily forgotten."

To her they were led by a very beautiful angelic Being, over six feet in height, fair, with dark blue eyes and wavy golden hair. His robe was a dazzling, sparkling white and he wore golden sandals. All of the Host with him were clothed in white, but his robes seemed brighter

than all the others. As she looked and wondered, they passed her like a great parade and disappeared, but she knew deep within her that the leader was Angel Gabriel, the Messenger.

Another time he told her that there are all degrees of Love and that Love is the saving Grace, the saving power that will keep this world from destruction.

He is known as the angel who guides those that come into existence to travel the Path of Love. Sometimes it takes a while for those who choose a certain path to realize what their particular way to live should be.

Ethel Bieber came here to travel the Path of Love. She is a friend of mine and she became restless when she didn't have an urge to write, give lectures, make tapes, the things which compelled me to be busy in my own way. She would say, "All I want to do is have a husband and children to care for, make a lovely home, and serve my Lord." Actually, she followed her own path so perfectly that her love encompassed all she met. She finally is content, knowing that she has always truly followed her Divine Way.

The Angel Gabriel tells us that the least kind of Love is selfish love, which is weak, small and frail. It is still love, however, and better than hate. The more unselfish, the more embracing the love, the freer and greater its power.

He tells us to take a small, selfish love, put in a little Faith, perhaps a little strength, add bit of peace and protection, as we would flavor a cake. These additions make a love that is raised to a sharing affection which can help another who may be hungry for attention.

Add more love and we will have a serving love which is a trusting, impersonal kind. This rises above involvement in the answer to come and know that God's loving response is always good, even though sometimes unexpected.

Forgiving Love carries power that heals, protects and blesses. Divine love is the power that transmutes darkness into Light. It is active in the celestial realm and is of great beauty and Light.

The fragrance of roses when there are none around lets us know that Gabriel is near by.

Chapter 4

Angels are Universal

Although the previous illustrations regarding Angels are from the Christian, Judaic and Islamic eras, angels were created and have been active in all fields long before recorded history. No matter what color or creed, and regardless of the need, there is an Angel of the Creator ready and willing to help. No one has a priority on their services. They are indeed Universal.

The American Heritage Dictionary of the English Language, 3rd edition, 1992, defines the word Angel as: "1a <Theology> An immortal, Spiritual Being attendant upon God."

Because there are many varied religions in which God isn't the name given to the Originator of Life, another language symbol may be used.

Let us be comfortable with the term CREATIVE SOURCE. Below are statements from various religious sects which have a common bond in their belief in angelic helpers. Angels are innumerable with plenty of different ones to meet the needs of all cultures who join in the immortality of the Creative Source of Life. This ties us all together. Individuals may vary, even become violent in defense of a particular belief, yet their Holy Book agrees with all others that we are immortal

JUDAISM: "The dust returnith to the earth as it was, and the Spirit returnith unto God who gave it."

CHRISTIANITY: "The gift of God is eternal life, through Jesus Christ, our

Lord."

ISLAM: "Those who have believed and done the things which are right,

these shall be the inmates of Paradise."

CONFUCIANISM: "All the living must die and, dying, return to the ground, but the

Spirit issues forth and is displayed in Light."

TAOISM: "Life is going forth. Death is returning home."

BAHJ'I: "Make mention of Me on earth that in my heaven I may

remember thee."

BUDDHISM: "Earnestness is the part of immortality."

From 800 B.C. to A.D. 650, a brief span in the ages of mankind, there was a giant swing in religion. It was during this time that the geniuses who molded the beliefs which have lasted until today were born, lived and channeled the message as each one heard it from on high.

There were the Prophets of Israel; Zoroaster in Persia, Buddha and the Upanishadic seers in India; the "thousand-headed" Brahman in Hindu India; Confucius and Lao Tzu in China, Jesus the Christ in Palestine, and the Prophet Mohammed in Arabia.

Beside the common bond of angelic assistance and immortality, there is also a similarity in what is generally known as the Golden Rule. The Christians say, "Do unto others what you would have them do unto you." Judaism's meaning is the same but has reverse wording, "Do not unto others what you would not have them do unto you." Islam's person gives substance to "Kinsmen and orphans, the needy, the traveler, beggars..."

Buddhism has a "boundless heart toward all beings." Hinduism's highest Yogi judges pleasure or pain everywhere by "looking on his neighbor as himself." Confucianism, like Christianity and Judaism, says, "Do not do to others what you would not want others to do to you."

The stories of the angels and the mystery teachings which led to the establishment of today's spiritual expressions are found in the petroglyphs and runes from the past.

The ancient Egyptians, Greeks, Persians; the Native American Indians of North and South America; the early Vikings from the Scandinavian countries and the British Isles; the Druids of old, all passed along their knowledge when it was safe, but hid their learning in times of

danger. The Petroglyphs and contents of the tombs of Egypt; Indian carvings to the Americas; runes of the European countries confirm this data.

All knowledge of the "unknowable things" are within us whether or not we choose to tap into our Divine plan and let it flow through us in words, actions or deeds.

The Master Hilarian expressed it thus: "Many rivers run into the sea. If you see God as the sea, different religions are the rivers. All religions come to the same Godhead by different methods.

Chapter 5

Becoming Acquainted With A Variety of Angels

There are a many angels who want to work with us and let us help them in their service to each of us as a person; touching our dear ones, going out to the All in All which is the Universe. They want us to let them tell us who they are, what their responsibilities are, and how we can help them. Their work is greatly improved, if we participate.

The first one that I want introduce, though, has a little preface. My particular helper in the flesh is a metaphysical pastor and a trance medium. We have always worked together as friends, however, person to person, not medium to person. He said, "Genevah, if you want to write another book, perhaps it could be on Forgiveness." Well, I don't see another book coming up so, in honor of Walter, the first Angels I shall write of are:

THE ANGELS OF FORGIVENESS

These High Souls say that when our hearts are filled with forgiving love, we are giving great service to the Father, for all that is needed for the healing of body, mind and soul is forgiving Love. Remember that every adverse situation that comes to us, whether of body, mind, soul or circumstance can be healed by love; and that love must be a forgiving love. We may say "I forgive them but I don't wish to see them again." By these very words, we show that we haven't truly forgiven.

Perhaps part of forgiving is understanding. We can ask the Angels of Forgiveness to help us understand why there is a strain in our relationship with another. It is more courageous to forgive blindly as a tribute to God, but it is easier to forgive if we can learn what lies behind another's words or actions.

We need to be humble enough to ask for forgiveness if we have hurt someone emotionally or physically. It takes another type of courage to ASK for forgiveness and accept it. The Angels of Forgiveness can help us from this angle as well.

Best of all, of course, is to fulfill the necessity to forgive all, as freely as God has forgiven us. It is our challenge to forgive and bless everyone who has been unkind and hurt or harmed us, directly or indirectly.

When we can lift our hearts to our heavenly Father in humility, we link our hands with the ANGELS OF FORGIVENESS. They can help us accomplish this change in our hearts.

In turn, when our hearts are free from resentment, the ANGELS OF FORGIVENESS can pour their forgiving love through us.

We can be the channel for healing those who cross our path. Each of us has the capacity to be as great as the next, for once more we know that we are all made in Creative Source's Good Image. We must give the angels our Willingness. We lift our hearts in Love for the ability to forgive, use it and reap the blessings of being healed ourselves and helping those who are "in our bundle." We are forgiven instantly by God. Our part is to accept that pardon.

THE ANGELS OF NATURE.

These special Angels say the abused, unwanted and tortured animals are in their particular care. They draw them into the Love of the Lord. The Love they are delegated to use acts as an ointment on the wounds of the animals in need.

The angels ask that we assist them by praying prayers of protection for animals who need a lot of shielding, as they are helpless and alone. There aren't enough persons on earth who love the animals as they should be loved. There are less than that who pray for them and less still who pray for their protection.

We need to enlarge our prayers so as to take in all animals, especially the wild ones who are caged and imprisoned in zoos and circuses. Pray for the people who wish to help animals and protect them as well as the creatures. The first real step in raising the animal kingdom higher is tender, caring prayer.

Let our prayers be thankful ones, not petitions, for there are far too many asking prayers and not enough thanking prayers to balance the power.

To pray a thankful prayer, do just that. Say "thank you God that many persons are praying and helping care for the animals who are wounded, caged, in fear and alone. Thank you very much that this is so." Give thankful prayers that mankind has awakened to it's responsibility to the lesser creation over which it has been given dominion.

THE ANGELS OF FAITH

When we pray our daily prayers for Protection, we ask for the Shield of Faith to be in our left hand. This shield, when seen, is as large as we are tall, having a curved bottom and top which makes it a bit higher than we are. It is wide enough that when danger threatens, the hand which holds the handle on the back can move it where needed. It is light but very strong. It is made by our Creator and serves us well.

There are also ANGELS OF FAITH who can help us overcome the fears which pour out from us and many others. The Light of God is always stronger than the evil thoughts and actions of man. Unless we have Faith that this is so, however, IT IS NOT SO! Give thanks that we have Faith and it can be evidence in our lives! We increase our Faith with this type of prayer:

Sit quietly in meditation and picture the good qualities you would like to evidence in your life and affairs or the life and affairs of others. Give thanks that the ANGELS OF FAITH hear the prayers and will give them to Our Creator and the needs will be met.

THE ANGELS OF BLESSING

The Angels of Blessing say; "Would you like to know how you look to us when you bless others? When you first begin to bless, there appears a rosy-glow all around you that is very beautiful to see. When your blessings begin to include others, tints of blue, red, gold, green, purple and white appear till each one of you resembles a rainbow of color."

That is when they come close to us and gather these rainbow rays of blessing as one gathers flowers. They add pure spiritual power that we are unable to give. They are a distinct and separate group whose work is to take these rays to where they will do the greatest good.

When we feel a need for the blessing of the Grace of God as a gift, the Angels of Blessing gladly extend it to us as we are precious to them. When we are grateful for what someone has done for us and spontaneously say, "well, God bless you," the angels accept that bouquet of gratitude which becomes more bountiful, enhanced by our love.

These Beings tell us that every month is a good time to bless and be blessed, but that the Autumn/Winter is a wonderful time for giving thanks for all the blessings we've received during the year, and to rejoice that the Christ-Child is born anew in all our hearts. At this time of the year all of the Angelic Ones come to the earth in great numbers with their hands filled with heavenly blessings for all Our Creators beloved children.

We may think that angels don't need to pray, that they have all that they need, but they, like us, have a great desire to grow and advance spiritually.

"The world may call us Angels and Archangels, but there is a greater degree if Angelhood before us that we wish to attain," they say. So they rejoice and give thanks for the blessings and the privilege of service that the Father has given to help them in this attainment.

They tell us that if we find it hard to express words of blessing and love aloud, we may do it inwardly. Think of our emotions as a cup filled with delicious nectar. The angels have the power to give this to the emotionally thirsty ones.

They instruct us that Mother Earth needs comfort, not criticism. There are so many sick, unhappy and broken-hearted souls who don't know how to receive blessings of Love and Light. Our prayers bless us as well as others when we willingly pour this loving Light of the Living Christ on those whom we hold dear and those in need. If we use those dear ones as a focal point, our work goes on and on.

ANGELS OF PERFECTION

THE ANGELS OF PERFECTION will lead us into preparing for Universal Work where we learn how to broadcast the things we've been told of the Spiritual Network and how to go into the mysteries of the mystical High Holy Work and work with the Angelic World from this side.

These same Angels would have us get ready for this work by seeing beyond what appears to be negative in our world today; to look behind the curtain of misconception into the heart of reality. There we find perfect bodies and minds, and a harmonious world.

They say "Be at peace and step aside from the plane of illusion and see the TRUTH. Cultivate the 'seeing eye, the listening ear and the understanding heart."

In this way we will see that behind the confusion, which is on all sides of us today, is the steady rhythm of harmonious adjustment. Behind every negative appearance in our body and affairs in our world is PERFECTION. LOOK FOR IT BUT DON'T STRUGGLE TO ATTAIN IT. RATHER, REJOICE THAT WE ALREADY HAVE IT!

Just as the perfect picture of the oak tree is imprinted in the heart of the acorn, so the perfect picture of each of us and of all mankind is printed within, waiting to be called forth by praise and rejoicing. It doesn't come forth by great effort, but easily, at the sound of thanksgiving and rejoicing.

Sadness brings out a heaviness that effects the spirit, and then it can't rise above the negative appearance into the sunlight of the presence of Creative Spirit.

It's of the greatest importance as we send forth our consciousness on the wings of healing prayer that we joyfully rise out of the conditions that confront us. It's easier to set ourselves up mentally to be happy before we have a condition to overcome. When the great Master said "Be ye perfect, even as your Father in heaven is perfect," he was saying that the truth of perfection is always there behind the appearance of confusion.

As we go on into the mysteries which we may or may not be able to accept, remember that we are in our own perfect place. We are travelers on the Path of Unfoldment of Perfection. In this moment of eternity, each one of us is where we belong. The traveler on the hill top can't give the vision he sees from there to the traveler who is in the valley. He has to wait until the traveler climbs up the mountain.

All souls have eternity to learn these many lessons; whether they are of love, forgiveness, peace or perfection. No matter where we are in the Path of Life, we are in our perfect place. Creative Spirit loves each of us the same. In all that is herein written, take than which is for you, and put aside that which does not speak to you until the right time comes.

TURN NOW TO LEARN HOW TO DO UNIVERSAL WORK!

BLESS YOU!!!

Chapter 6

Preparing for Universal Work

We have become acquainted with the Angel Azrael and discovered that he is the head of a large band of Angels called The Angels of Life. We've learned some about Archangel Michael and the Angel Gabriel. We've established that we must participate in life's activities on a positive note if we hope to reap a crop of fulfillment and that the Angel Azrael helps us develop our character – if we ask – by presenting us with challenges from which we can grow.

We've found out that protection on every level of our lives is essential and that even before we use 'practical' protection, we need to 'clothe ourselves safely 'round' with spiritual protection under the care of Archangel Michael.

We've found out that all creeds and religions point to an immortality for us and that we're on safe ground when we know we're working toward the future as what we accomplish now will always be with us, either to be approved or improved.

The Angel Gabriel shows that if we ask our prayers to go out to a Universal scale with Love, this can be accomplished and we will be doing Universal Work. This puts us into an element of real service.

We've learned about many groups of Angels who are anxious to share with us and have us extend ourselves to learn how to work with them.

We're going to find out now how to get ready to work on a Universal Scale, knowing that in the eyes of our Creator we are all equal. The terminology may be different but we are all beings of a common Creation. For instance, although I have written about the Angel Azrael and his importance in the Angelic Realm, there is no mention of him in the Christian religion. The Judaic and Islamic religions accord him a place in their history but that doesn't change the fact that his learnings are for all.

To prepare ourselves for Universal Service, let us now practice the prayers for protection which we've been given. Build a Wall of Flame around ourselves; ask that our auras be cleansed of any emotion which is impure or unhealthy. Let our auras be filled with beauty, purity, blessing and service. Wear the whole armor of Light and know that we are ready now to learn more.

Take a moment to recognize that we are all part of Universal Allness. The spark of this holiness glows within us to the extent that we accept its realness. Accept it now and it becomes true for us. We shine with its realness.

What is the first step?

We infill ourselves with the breath of Almighty God, no matter what this highest of Beings may be called in our concept – Universal Mind – Allah – Jehovah – Yahweh – Buddha – God – Creative Source. The spark of this holiness glows within us to the extent that we accept the realness

SPEND A FEW MOMENTS TO CONSIDER THIS

There is nothing in the entire Cosmos of which we are not a part. We are a microcosm (small but perfect whole) of the macrocosm (large and perfect whole) which is the Universe itself.

One of the easiest ways to infill ourselves with holy breath is to do this: Go into the fresh air first thing in the morning. Stand erect, arms outstretched from the sides, feet flat upon the surface, head up. Breathe in the sweet air. If the weather is too cold or rainy, stay in near an open window.

The breath should be taken in and expelled through the nose. At the base of the nose, out of sight, is a spiritual center over which the fresh air, made by the Almightiness of Life, touches us, human beings, made by the same Source. We are Creator-made Beings infilled with

Creator-made oxygen for our use as Creator-made humans. The power is expelled as a service as it reaches out to others who are also part of Creative Source.

On the first inhalation, raise the arms up high and take in the holy quality of **SPIRIT**.

CREATION IS INFILLING US!!!

FEEL IT!!!

Slowly lower the arms, acknowledging that the SPIRIT OF HOLINESS is within us.

On the second breath, again raise the arms and take in the Holy Qualities of **BEAUTY AND BALANCE**. Vision being indwelt with loveliness outside and inside. Know that we are on an even keel – neither too exuberant nor in unnecessary despair.

EXHALE!

Vision that **BEAUTY AND BALANCE** going out as a focal point – out and out and out. Others are touched. Think of these dear ones that they may be touched and let the **BEAUTY AND BALANCE** go on out over the ALLNESS of the Universe.

Take a moment to realize that the Angels of Spirit are working as well as the Angels of Beauty and Balance and the Angels of each breath that we are going to use.

The third quality we work with is the **MIGHT** of our High Holy One. As we inhale, feel the strength and power infilling us. Acknowledge the Angels of **MIGHT**. Let the energy go out as we have done with SPIRIT and BEAUTY and BALANCE. All of these qualities stay with us and also serve others.

EXHALE

HARMONY is the fourth attribute. Become willing to be a peace-maker and evidence HARMONY in appearance, attitude, words, thoughts. Inhale this important quality. See HARMONY is everything; in everyone seen! Live the quality. EXPECT HARMONY TO PREVAIL and it will do so.

After this exhalation out into the world, still retain it within, and accept the quality of

LIFE

Vibrant, wholesome, creative **LIFE**! Feel it within as the arms are upraised. Will it to go out to those who are held dear; to those whose needs are known. Help meet the crisis of medical needs of the various countries through this gift of LIFE – taken within as the arms go up; sent to others as they lower and we exhale.

The sixth aspect of life is **TRUTH.** The fundamental purpose of a person's life is that he/she may find Truth. Truth which will be unveiled to him/her by the own inner-self.

As we breathe in TRUTH which lies buried deep within, the barriers built by our outer-self will vanish and we shall become free to use our powers, to contact the cosmic rays of LIFE-FORCE and HEALING.

The final attribute or God-quality is called **ESSENCE.** This means that we carry within ourselves the "Mind of Law" – CREATIVE FORCE – as we inhale, for we have indeed taken in the six qualities of God's Creative Mind.

When we breathe in ESSENCE we put within ourselves the understanding of the REALITY of the SPIRITUAL SELF since we are made by Universal Mind.

These seven breaths of fresh air, practiced daily will do much to put us in tune with our life purpose.

The next step to prepare for Universal Work is to bathe all of the body either in the tub or shower. Just as we've experienced an infilling with the very Breath of God so now we immerse not only our physical body, but all of our bodies in the Water of Life! As we prepare our body for our daily work, pray for it, not for someone else. This is <u>our</u> time to restore and renew. If we don't give our own body its share of attention, it will lack what it should have for that day. During the rest of the day, we can pray for others as we want, but for this time, early each morning, we cleanse our own body, inhale fresh air and love.

When we cream our faces and apply makeup and brush our hair, let our bodies be infilled and recharged. Let the breakfast be the Bread of Life. This will be of great help to us. Accept this for ourselves before sharing it with others, no matter how precious they are to us. We are now full of power and ready to give forth. We can emanate the same qualities with which we are filled as we travel our everyday path.

As we start out, we thank the Creator that we are clothed in Creative Life! We grant that same attunement to all whom we meet during the day. Whether or not this is evident to us, it is true that everyone is Created into Being and contains the same abilities, whether they are latent or apparent.

Ask that our personality lights be softened to those we meet today and theirs to us. Repeat that everything which we say and do shall be tempered to what others can take and theirs be the same to us. This is our day!

We are prepared to do Universal Work and to learn of the Mystical Teachings which have eluded us for so long.

Chapter 7

Etheric Broadcasting Stations

Looking back as far as the era of the Pony Express when men and ponies were used to carry messages from coast to coast in the United States of America, to the telegraph which replaced the ponies and riders, through to today's world of the Internet which links the whole world through computer techniques and phones may prepare our minds for the realization that the methods used on earth for everything are first created in Universal Mind and then tapped into by mankind.

If we permit ourselves, we can just that quickly realize that there are Etheric Broadcasting Stations which can be used to transmit emotions throughout the entire cosmos. These are manned by **ANGELS OF BROADCASTING**.

The towers, unseen by the average person, are fashioned immediately above certain earth centers which may be used to amplify emotions – prayers of love, life, light, healing, thanksgiving – any helpful message – can go out from this realm to the angelic field where they are amplified and sent out to the universe where they are available for our use.

We simply must be willing to accept a certain amount of intangible evidence as fact if we are to reap the benefits of our connection with the angelic world and Universal Mind. That which is in the heavens is always greater than that which is seen by the naked eye because the unseen is the Source of the Seen. These towers are the first mystery which we unfold.

Three towers were brought into visibility by those with esoteric sight in 1951 when a small group of listeners and workers was deemed worthy – humble enough and sufficiently wise – so that when they spread the news to others who had reached the same pure state of initiation, those workers also could see them and learn of their purpose. Now we are privileged to know.

This is the order in which they were built. First, one was placed over the North Pole. Shortly thereafter one was built over the South Pole and a third deep in the center of the earth.

The Master of the Rays told this small group which had worked together since 1928 that the time was at hand when the Spirit of the Almighty Creator was to be poured forth through these three great central broadcasting stations.

He explained especially about the station built in the center of the earth. It comes forth right through the earth but there are two lines of force that pass through the earth. When these emerge, they become a triangle. This is a very important point to be held in consciousness. This is spiritual science. He said that he realized the group's knowledge of science was not great but that they hadn't been chosen to work with spiritual science but for other attributes.

They were to charge these great stations with power . . . the power of Creative Source. All the other stations are embraced or submerged with these greater stations.

It's almost impossible to describe the vastness of the great stations which the Master Builders have brought forth at the poles of our planet.

The height, the immense amount of ground they cover and the multitude of heavenly workers are inconceivable, especially since each of the three and the other six which were to be built later all have three satellites around each one. There are two be nine main ones with twenty-seven (27) satellites.

These stations are built for all time. They will play an important part in the healing, redemption, and uplifting of this earth plane.

The group was told not to be upset by anything they might hear on the outer world because they would become confused and disturbed if they did. Instead they were to turn their attention to the great stations and rejoice that they have had a part in bringing time forth. They were to rejoice that they have been chosen by the Creator for just that work because of their faithfulness, their humility and willingness to serve.

"Beloved Ones," the Master Builders said, "Do not think that this is the end. It is just the beginning." (from unpublished papers of Eleanore M. Thedick. Sept. 18, 1951)

In 1952 three towers were built in the United States. One is above the Lincoln Memorial in Washington, D.C.; another over Mt. Shasta in northern California and the third over Mt. Palomar in southern California.

In 1953 the final three were distributed above the countries of China, Russia, and Africa.

The radio is transmission or reception of electro-magnetic waves without conducting wires. The telegraph is also part of this and has been called "the wireless." The telephone, television and computers operate through conducting wires. To transmit or receive, these waves require power which is called electricity on the material plane. On the spiritual plane the power for all of these is Universal Mind.

The purpose of an earthly broadcasting system is to interlace, weave and twine together radio, TV or Internet waves. On the high planes of consciousness Creative Source provides the power that runs the Etheric Broadcasting Stations. When we make a positive statement and recognize our union with all of creation, we connect instantly with the Source of Power.

By concentrating this power, we do the same as the electric-magnetic waves – weave, interlace and twine together these glittering threads of light which sparkle with the holy light of the Great Mind of the Universe. We transmit these holy light waves through our physical bodies and as we do so we build heavenly stairways. Upon these stairways, the Angels of God ascend and descend with their gifts of healing and harmony to the world.

To be a spiritual broadcaster, we must separate ourselves in thought from personality.

Only as we forget self do we become receptive to the great Broadcasting Station of the Almighty and Everlasting Universal mind.

These are the heavenly stairways begun by the Master Builders' understanding of the higher laws of Being. The group to whom this was disclosed was chosen because of its willingness to do the will of God. That is the first step. This is followed by joyous service, humility, faith, harmony, courage, trust, unselfishness, love, hope, loyalty, and a great desire to give Light. You and I are included and we build stairways also every time we come together to broadcast in the Name of our Creator.

People don't have to be together in person to do this work. It is far greater than that. It is a State of Consciousness, not a place in the outer world. Those unable to broadcast personally, meet with others in Spirit. Also many Master Souls, unknown to us in this world join with us in this spiritual broadcasting.

For instance, when we pray prayers of thanksgiving and love, the Angels of Blessing gather those prayers, take them to the etheric broadcasting towers where they are amplified and sent out so that anyone or anything which is tuned to the spiritual wavelength can receive.

Here is the routine of broadcasting to put this process into effect: Face the North Pole and acknowledge: "This is the Spiritual White Light Network. The Love, Life and Light of Universal Mind go out to the North." Next, face the South and give out the same message. Then turn to the East with those words and last, send them out to the West.

As you do this, experience in your mind's eye the attributes of the Creator pouring forth through you. Know that the Angels of Broadcasting eagerly await your participation. Your pure emotions are sent through the mighty towers and the three satellites which surround each of the main towers and go on through the world into the greatness of the Cosmos.

Let the warmth of the emotions fill you before you send them out. Become infused to overflowing.

You can take your needs to this same great storehouse. Your outgoing prayers fill it; your needs withdraw from it in the same way.

Give your needs to Creative Source. Creative Source – Universal Mind – knows better than you what those needs are.

"Meet my needs," is all you need to say.

It's that simple.

Ask.

Accept that you have been heard.

Give thanks.

Receive and enjoy.

If you are disconcerted to think of firm, utilitarian towers anchored in the ether, realize that anything mankind brings forth on earth is always originated first in the higher realm of ideas. The actuality in the heavenly field is so much more attractive and more speedy and functional than the earth prototype.

Also remember that what persons believe, they make possible through their thinking, either consciously or subconsciously. All learning actually comes from the great storehouse of knowledge which is Creative Source. It follows then that today's communication towers are modeled after the perfection of those of the heavenly realm rather than the etheric after the practical.

Chapter 8

Etheric Rays

DEFINITIONS (Webster's Ninth New Collegiate Dictionary, c. 1983):

ETHERIC: "Not belonging to earth; celestial, spiritual; delicate or exquisite in line, feature; of or existing in the ether or upper regions of the atmosphere or of space." This is the realm where spiritual broadcasting takes place.

RAYS: "Beams of radiant energy (as light) of a small cross-section." The messages go out over rays.

PSYCHIC: "Capable of extraordinary mental processes such as extraordinary perception and mental telepathy." Gifted sensitives who can observe the rays.

COLOR: One of the **COSMIC** waves that are propagated by simultaneous periodic variations of electric and magnetic field intensity which also includes radio waves, infrared, visible light, ultraviolet, X-Rays and Gamma rays. The appearance or light sources in terms of one's perception.

SPRITUAL: Sacred, of or relating to God.

COSMIC: "Of or relating to the cosmos, the extraterrestrial vastness, or the universe in contrast to the earth alone." Comparable to Etheric.

In the long, long ago, before recorded history in that real or not real time of Lemuria and Atlantis, Master Souls knew a great deal about Rays and their power. They used them freely.

Much time passed.

Civilizations disappeared and the knowledge of the Rays became elusive, seldom mentioned. It is possible that their misuse may have contributed to civilizations' downfall.

It is our privilege and challenge in today's world to be channels for the return of these Rays. This will help to insure that our own civilization shall reach the perfection for which it was created.

To learn of them, their works and power is a deep and vital science. Workers in the celestial realm have been seeking our assistance and in many cases, we are responding. Many are at a much deeper level than has been known publicly in a great while. Perhaps the most important thing to remember is that the Rays must be tempered to the level of the one who is using them as a tool and also to the level of the one who is being treated.

This is a good time to remember the **PRAYERS OF PROTECTION**, and to ask that our personality light be softened to those we meet and theirs softened to us and that our words and deeds be tempered to what others can take from us and theirs tempered to us.

Also this is a good time to ask for the help of the **ANGELS OF BEAUTY AND BALANCE** so that the power of the Rays shall enhance lives rather than overpower them. When they are softened and tempered, they become absolutely conditioned and safe for both sender and receiver.

Always remember to give thanks that the **HOLY CREATOR** hears and answers your requests.

Here is a Prayer of Transmutation which has come into being since a wave of misuse of psychic waves has developed. It can change the evil into good if there is a willingness to turn and walk another way:

PRAYER OF TRANSMUTATION

Beloved Creative Source, we ask that through your great Love, all thoughts of hatred, envy, fear and greed sweeping our world today may be transmuted into Love, Joy, Faith and Peace. We ask that all poisons polluting our earth, air and water, our bodies, minds and auras shall be transmuted into purity through your great love. Amen.

If the dark ones are emotionally stirred but unwilling to completely change, they are in an "intermediate" stage. We may know that they will be contained by the prayer, unable to infect others. They will be put where they belong until they are ready to be transmuted.

The change is always available but can't be forced on others since even those who cause trouble have free will. It may be contained and made unable to work, however, for it is not God's law that anything shall run rampant.

This law of control, of balance, is what we want for all. Let there never be too much nor too little of anything – emotion, love, zeal, patience, eagerness, work or inertia.

Rays are outgoing streams of energy. The greatest and the least in unfoldment receive a blessing from them. They spread everywhere and we may all tap into them. If this were no so, only certain souls would be helped while others would be hurt.

PSYCHIC RAYS

Psychics are probably better known and use Rays more often than any other. They read the astral, second aura – the one which reflects the emotional nature of an individual. Those who see and use these beams of light for good, read that particular aura and ask Creative Source to heal the difficulties which are noted. The colors of this aura flare out and change hues according to the mood of the person.

The "psychic" person or one who has a "sixth sense" of intuition also is able to read what is in the fourth aura of an individual. This aura, you will remember, is the seat of our intuitive knowing.

When our hearts are pure and the person we are with is in need and **ASKS FOR OUR ASSISTANCE** we are privileged to work with the needs found by our psychic gift. When doing so, we are again working with the angels for angelic helpers to assist us in the things we do as well as show us finer details to be tended. It is their good pleasure to help us as it is their good pleasure to receive our thanks and to know when we help another, we help the higher world.

COLOR RAYS

COLOR IS A RAY. IT IS AN OCTAVE OF THE ELECTRO-MAGNETIC

SPECTRUM. There are as many colors as there are hues in a rainbow or notes in a scale. Each color has a corresponding number of shades – either lighter or darker. For instance, red varies from a light pink to a deep, nearly black rose shade.

There are colors at the top of the scale which some few with extended vision can currently see. There are also colors which can be seen by these gifted ones which are lower on the scale. Sometime we shall all see them.

As almost a guarantee of this, long ago in the EDDA which is a collection of old Islandic literature, a history of Scandinavian antiquities, there were only three colors to their rainbow. They were at the darker, lower end of the spectrum. This was in the 10th and 11th centuries.

Even prior to that it is said that the only color on Atlantis was green.

Even in today's world there is a paradox. Until the year of 1915 green was considered a primary color. Leonardo Da Vinci had so declared it and we accepted that. Now we know that blue and yellow make green.

What shall we see in the 21st and 22nd centuries?

Color has measurable wavelengths and varied weights according to the shade's location on the octave of its scale. Red is the heaviest. Its pulsation is 1-33/1000th of an inch in length. The color of violet is lightest at 1-62/1000th of an inch.

Here is a way to receive color – to feel it in your hand and to learn how to use it for yourself and send it out to another.

First, establish an atmosphere of willingness within yourself. If you are sitting, calm your mind, allowing your head to gently nod as you breathe in the Oneness you know to tie you in with your Creator. The Light of Spirit may gleam through your eyelids. Be sure your feet are on the floor.

Your mouth and chin lose their tension; your throat relaxes as do your upper torso and arms. This tightness slips from your fingertips. In like manner your abdomen, hips and sitting

muscles cease to be tense as do your knees, shins, ankles and feet with the tension leaving through your toes.

Quiet you are, but aware. That awareness allows you to bend your left arm at the elbow and lay your left hand, palm up out at the wrist, forming a cup of palm and fingers into which the color can drop. The left hand is the receiving hand. Say, "Color of red, let me feel you within the palm of my hand."

Be willing to let it come. Wait for a slight weight and a little tingling. That is your red. Let it stay there for a bit and enjoy the sensation.

Next, bend your right arm at the elbow, holding palm erect, facing outward. Tell the red color to go through your body to your right hand. Feel this happen If you have a physical need, put the right hand wherever there is pain. The color will go there and the warmth will touch you. There may be a pulsation. You'll have your own heating pad and it will relieve you. If you want to serve, raise the hand up again palm upward, facing forward and send the color where you would like its healing qualities to go.

Surely you have felt the energy coming into your hand, through your body and on out through the palm to wherever you are letting it go!

You may use other colors in the same way. Each step up on the color scale will be a little lighter in the following order: Red, Orange, Yellow, Green, Blue, Indigo, Violet.

When you're done with this exercise, shake your hands to remove the gathered energy and rinse them in cold water.

SPIRITUAL RAYS

The best description of Spiritual Rays in action I can give you is to tell you of my grandson, Rick. He was at our home, coming into the realization of his spiritual gifts for the first time.

There were three of us besides Rick, all of us contributing something for him to understand. He had been seeking the Spiritual Path so we were sharing to start him out. His eagerness was great.

I was showing him how color could come forth from the tips of my fingers of both hands and could be pulled back and forth. As he tried this, suddenly a light which was on a timer snapped off. There were other lights on so we weren't in darkness.

I thought the bulb had blown out or the timer was set wrong. When we were done with our experiments, I suggested that Rick change the bulb. My husband said, "Wait a minute before you throw it away." He took it, tried it in another light and there was nothing wrong with it. The timer also was all right. The spiritual power generated there was such that it snapped off the light. This was called psychokinesis and it was caused because we were all so intently in touch with **CREATIVE SOURCE**.

Rick has developed over the past few years into a real spiritual force. His life has become completely centered on putting everything into the care of **CREATIVE SOURCE**. At this moment his wife and he are about to open a new business in their hometown, clearly through the leading of this same force. By now his wife is as completely involved in following the path of Spirit as is Rick.

They use the laws of protection, meditation, dedication, and emanation of faith, purity of thought and thanksgiving.

COSMIC RAYS

COSMIC RAYS are the greatest of all. They aren't exclusively of the Psychic Realm, the Color Ray nor the Spiritual area and yet they encompass all three for they are of the Celestial Field which is Glory of God, the height of Universal Mind, the epitome of Creation, the highest realm that humanity can touch while still clothed in a body of flesh.

The Angels of this Realm are those who sit at the feet of **THE MIGHTINESS OF ETERNAL CREATION!** They tend the Holiness Atmosphere.

It is said there are other kingdoms we will be able to contact and with whom we can work when we are freed from the body but the Cosmic realm is as far as we can go from the earth plane.

Don't think for a moment that when the physical body is laid aside and we leave this planet that we will lay aside the Ray work. No, we will go into the same work with forces that are beyond today's conception. Look forward to this with great joy.

Bless your body temple – live to your highest and best of your understanding. Remind yourself often that your body is the Temple of Creation; that a Divine Spark of Eternity is within you and every other creation. Respect your body as the marvelous instrument that it is. Pour cosmic love upon it – the holy Love of the Highest Expression.

Call in the Color Rays from the Cosmic Realm and use them for your own body. Red is for strength and courage; orange for healing and energy; yellow for intelligence; green for peace; blue for meditation and healing; purple for power; violet for meditation; and white for purity and cleansing.

Ask your angels to be with you as you use these Cosmic Rays for yourself, let them go out and bless all you touch; ask that the water you drink and the food you eat be made into the water and bread of Life and it will happen.

Because this is such a vital portion of everyone's life a special chapter is being devoted to learning of the Leader of the Color Ray Workers and the workers themselves. Their celestial name is too Holy for those of us in the physical to say but the group is pleased with the name we have chosen for them.

Chapter 9

Color: Its Importance – The Leader –

THE HOST OF WORKERS

Color is the bridge between the seen and the unseen. We pass over this bridge into new and different states of consciousness by your use of color. Over this bridge the Creator pours His Love Song to His beloved creation.

The air, the water and the earth are flooded with great beauty for Color is our Creator's lovely thoughts poured toward us, His children.

As such, Color is one of our **life forces**. The rainbow in the sky when there are clouds, rain, and sunshine at the same time tells us this is so. To prove this, simply put a spray nozzle on your garden hose, turn on the water, stand in the sunshine.

What do you have? That's right – a rainbow! The colors are everywhere, all of the time. They imbue the air which we breathe. We walk through color with every step we take.

The easiest way to understand Creative Source's mysteries is to study nature, and you find that the natural world is filled with color. This is the bright messenger of the High Holy One, restoring, renewing and purifying.

Color is the cosmic manifestation of Life in the form of Light-waves. It is the very soul of the Universe and has been recognized as such by civilization from the time of the ancient Egyptians with their Wisdom School through the Indian and Chinese Mystic scientists who had the knowledge in their secret doctrines.

The seven major vibratory rays seen in the rainbow and all of nature are related to the seven major glandular centers in the human body. These glandular centers are focused in the aura which surrounds each of us as well as everything created by the Great High Holy One. These are **RED, ORANGE, YELLOW, GREEN, BLUE, INDIGO AND VIOLET**. These major rays contain all the potentiality of our reaching our highest peak to which we are divinely appointed.

They flow out from the Sun which gives the life force of Light. Nothing can grow nor evolve without this Light. There are other offshoots of the colors which we will include later.

The Cosmic Wisdom teaches in the mysteries that each main color represents a Ray of Life and Evolution through which the Universe must pass. It is said that as a Universe we have gone through the first three periods (Red, Orange, Yellow) and are now in the era of the Green Ray, midway between the lower periods of struggle of soul growth and spiritual faculties.

We are at the peak of materiality and the next phase will be an upward step into the higher vibration of the Blue Ray. After that will come the finer and more ethereal conditions of the Indigo and Violet Rays. When all is completed, we will have reached the Apex of Achievement and be in union with Creative Force.

MEANING OF SEVEN MAJOR RAYS

- 1. Violet Main characteristic Spirituality
- 2. Indigo Main characteristic Intuition
- 3. Blue Main characteristic Religious Inspiration
- 4. Green Main characteristic Harmony and Empathy
- 5. Yellow Main characteristic Intellect
- 6. Orange Main characteristic Energy
- 7. Red Main characteristic Life.

The green ray, under whose influence the Universe is currently living, inspires harmony and peace on the Inner Plane and attracts financial and personal progress on the Outer Plane. It is the ultimate realization of the harmony to be obtained between the planes that will bring out the fullest expression of creativity and success in our lives.

It is our thinking about all of these ideas being presented to us which brings our dreams into reality. As we believe, so shall it be! What we can conceive in the mind, we can evidence in

our lives. This takes more than just sending out one thought wave, however, for our thoughts at our deep inner will come through. We can claim anything with our words, but unless our complete inner belief is on that which we request, it doesn't come about. Faith and trust are the keys.

There is also the angle that we must indeed be careful of what we dream, for if we do put enough energy into action, we actually will bring about what we desire. It may not be what we want when we get it.

A better way by far is to give over our concentration to that Higher Power from whom everything flows so that our lives may manifest that which will be pleasing to Creative Force as well as us. This is easily done, if our spirit is willing to accept what comes forth as part of our Divine Plan which came along with us when we were born.

Color has a rhythm like music. As we use it we shape our lives and in time it will take its place as a great healing agency. X-Rays and ultraviolet rays are also part of the electro-magnetic spectrum and their use is a small beginning but in the future color machines may be used for the healing of mind and body. There is no limit to the power of color vibrations, for each ray has its own separate radiation and rhythmic note.

Beautiful colors are part of the Creator's handiwork, and every living soul can get renewal in them. The physician of tomorrow can be a Color Scientist who will know what tints are needed to restore health and harmony to us.

In the inner worlds of Light there is a great company whose work is entirely with color. Its members are called Color Ray Workers. While people have used color spiritually for a long time and in many ways, they haven't connected color with these workers and therefore haven't received the full benefit that this inner contact can give them.

These workers wear a robe of color with a hood that partly veils the face. They "become" whatever color they work with, being entirely encompassed in that hue. They wish to be unknown as personalities since their work is unselfish and impersonal. They will gladly work for and with us by pouring out these Color Rays upon and through us.

We should mentally immerse ourselves in the color we work with and pour out its life qualities in the form of color. The greater the blessing we send out, the more will go out to the world and return to us.

Before we turn ourselves over to work for Creative Source, we must remember the prayers of protection which are necessary anytime we prepare to be of service. We are to realize the power of these Rays that we use in this work – their greatness – and guard against being harmed by an "overdose" of Color Rays. As we've said before, a match can light a fire to cook a meal or to start an arson fire.

We become workers by consciously touching Creative Source through the Department of Color. Wear beautiful colors and use them in the home in abundance. Mass the same colors together in your gardens as it is done in the worlds of Light.

There are many different ways to use colors for healing. We can picture them as Rays of beautiful rain falling gently upon those in need. The symbol of a fountain of color that one can enter and bathe in is another way. It can be poured upon friends, our homes or places of business, hospitals, doctors, nurses, patients and visitors. Remember institutions of learning and science as well as the natural world.

As we invite the Color Ray Workers to work through us, and let them mentally flood all negative conditions with color, we can know in our hearts that they are doing what we can't reach. Remember to thank them and to pray for them.

As we progress, we will remember the many uses of color now forgotten. More beautifully colored blossoms will make their appearance upon the earth and during certain seasons one color will predominate. If we're attracted to a certain color, this means we are in harmony with it, but we should use other colors as well to keep a perfect balance.

Colors complement each other so we should use combinations. A full understanding of color isn't quickly attained, but once accomplished it doesn't leave us.

The Color Ray Workers send out color in rhythmic waves. This vast work is done in perfect accord and harmony, enfolding the workers in scintillating radiance. This glow is the hidden spiritual life of the Color Ray.

In the past, this work was primarily confined to the unseen planes of life. Man's ignorance of this wonderful spiritual work prevented its penetration to the earth. The spiritual use of color was made known to Moses. When building the Tabernacle, color was used in abundance for its rhythmic effect.

The beautiful art of color healing is being rediscovered and this is bringing much joy to these faithful Color Ray Workers. There is harmony between the Rays of the ether and the world of nature. The two become each other. The workers know the laws that control the use of color and how to operate them.

The rhythm of a certain color is picked up and set in motion according to the immutable laws of natural science. There is a perfect system of communication between the workers. At times they all come together in conventions or councils during which plans are made for more efficient methods of usage. These are sent out over the heavenly broadcasting system which is very important in the worlds of Light.

Some of the workers are scientists, doctors, inventors as well as musicians, artists, writers and teachers of both sexes. Devotedly, they wield Color Waves, working like a drill team.

The power and wisdom of the **LEADER** of the Color Ray Workers emanate so strongly from him that even those of us who aren't gifted with extrasensory sight are able to sense his presence when we choose. As seen by those with vision, his is a regal personage – tall, slender, stately – with a rosy complexion, beautiful brown eyes and hair.

The indigo color of his cloak gives proof of his great power. Its lining, sparkled with gold, indicates he carries the wisdom of the Creator. This is worn over a glistening white robe. His headdress has long, slender, scintillating points of lights.

The Leader and the Workers need human instruments through which to work. We are the ones upon which the melodies of the Creator are played. Our joy is to contact the Angelic Beings with love, faith and willingness and let them guide us and do the work through us.

It is his teachings and instructions which are written here. He is in charge of the workers as well as giving instruction to us so that we understand the importance of the work to have us become willing to become helpers to bring the color teachings and healings to our planet.

The workers wield the colors in treatments of anything from the most minute detail of color blending to suffusion of a continent with healing hues. If enough brightness is brought forth through us, then the dark clouds of life must disappear.

There is a formula for doing this work. It is ours to use and is given now, but there is much to be delightfully learned before we use it. Refer back to this when you are ready to be an Assistant Color Ray Worker. This is the technique given by the Leader of the Color Ray Workers for us to SPEAK THE WORD OF COLOR OUT TO THE WORLD:

- 1. We must protect fully on all planes physical, mental, emotional and spiritual by putting on the "Armor of Light," or encircling ourselves with the "Wall of Flame."
- 2. Realize there are three parts to a treatment. The first is to use the White Color Rays for cleansing. This is done in the Name of the High Holy One. Let it be poured through every atom of our vital bodies, flooding us with its radiance. Breathe it in mentally. Picture this ray becoming a part of us and then ask in that same Holy Name that the power be stepped down and tempered to our every need. This is our special work. Temper every color. Otherwise, the intensity of the power could easily be too much. Send this White Ray, tenderly tempered, out where the colors are needed by saying, "In the Name and through the power and by the Spoken Word of the High Holy One, let this White Ray pour through and flood the (here name the person or situation) with its radiance, cleansing him/her/it entirely," and accept that this is done.
- 3. Always extend our prayers by sending them out to all persons suffering in the same way and under similar situations all over the earth.
- 4. Ask what particular color is needed to treat in the second stage. We can deduce the shade as we study the meanings of the various hues given further on or by listening directly to

Creative Source. Say the same words as used for the White Ray to the individual or situation, substituting the color of choice. Extend the colors, tenderly tempered, outward through the world.

- 5. Finish with treating the need through the same formula using the Rosy/Gold of the Love and Wisdom of Creative Source.
- 6. Give grateful and joyous thanks to Creative Source and to the Color Ray Workers for their loving service so gladly given. Allow thanksgiving to pour through us that we have been willing to be used generously and wisely.

The routine of work is in three stages – Cleansing with the white ray; treating with the color ray chosen; finishing with the blessed rosy/gold of the love and wisdom of Creative Source.

Color Data

Color rays are not positive nor negative but are pure spiritual power and are often symbolized by jewels. The Ruby is the symbol of the red ray; the Sapphire, the blue one; the Topaz indicates the gold ray; the Amethyst, the purple one; the Emerald symbolizes the green ray and the Diamond the white one.

The Scientists of the Heavens use color constantly and abundantly in a scientific way. This has come down to earth in many ways. For instance, hospitals were once a sterile white. Now surgical nurses and doctors wear a soft calming green. Places of detention are frequently painted pink to calm down highly-strung persons. An Rh-negative baby is treated with a blue light to overcome the reddish-yellow of jaundice. If we use color more freely, we help build roads over which scientific inventions for the use of color can travel to earth.

Color helps build a trinity which is a healing technique of this New/Old age. Music and perfume are the other parts of that triangle. We realize that music forms a background in most stores and restaurants. An illustration is a market where most of the customers are in full maturity. The background music was a blaring rock. A customer brought this to the attention of the manager who was open to the comment. The older customers no longer have to put up with clanging in their ears.

In the Inner Plane, the Bell Ringer Angels who produce rhythmic notes by bells and instruments that have bell-like tones, work closely with the Color Ray Workers. This increases the harmony of color.

Perfume is called the breath of God and carries a special healing quality. Its fragrance forms a healing trinity with color and music.

When we work with this trinity of colors, we allow Love radiations from the High Holy One to pour through us. This trio is especially essential to art and science.

The earth is being bombarded, not only with color rays, but other heavenly rays that penetrate the dark and heavy atmosphere surrounding our planet. These rays act like the ocean tides, weaving back and forth, slowly and gently, flooding the entire earth with a kaleidoscope of radiant tints and hues.

Color Interpretations

WHITE is a cleansing, purifying, sterilizing and uplifting vibration. It glows, glistens and sparkles. It is an impersonal vibration. Its inner meaning is purity, poise and perfection. It is the most powerful in the trinity of Celestial colors and the highest of all the healing vibrations. It symbolizes the triumph of the soul over materiality. In the inner Temple of Healing, white is used as freely as blue which is considered a healing color, because the healers recognize the truth that disease is a blocked condition in body, mind or soul and that white, properly used, will clear and open the channel.

There are many shades of white, just as there are many states of unfoldment of the soul representing man in his long journey toward perfection. The pearl white is a soft, glowing white. This is where gentleness, kindness, and forgiveness are all blended into the soul and come forth as pearl white. Oyster white is an off shade of white. This is where the soul tries hard to accomplish the desire for unfoldment, but many things come out of the past as lessons and tests. The crystal white, known as the Triune Ray, which is the combination of Love, Life and Light, is so dazzling and sparkling that it is difficult to look upon. This symbolizes the Christ White or Light where the soul has gained control or complete mastery. This is not beyond man's reach as

he walks the path of soul unfoldment, for this beautiful and holy vibration will finally be attained by all mankind.

The first primary color is **RED**. The spiritual meaning of red is new life, energy, courage and vitality and includes the regeneration of Life, physically, mentally, spiritually. Red is not only strength of mind, character and will, but strength in all its forms. It is a vibration of action and activity and when rose-tint is added, it overcomes spiritual indifference. It is the badge of courage, determination and perseverance; the symbol of a strong, powerful will. When the red becomes darker, then strength is manifested on the physical plane, and has not even risen to the mental, much less the spiritual. When the rose tint is added, it then raises red to world love that included family and country.

Bright, **CRIMSON RED** symbolizes sacrificial love, with an intermingling of spiritual passion, for a cause of a high ideal. When red is **DARK**, **MUDDY OR CLOUDY**, then negative vibrations are mixed with it. This shading of red has been stressed so much that many condemn the color, thinking of it as violence, hatred and anger; of overly strong will. Like every factor in life, however, whichever side is stressed becomes the dominant one. For instance, a match may light a fire in a fireplace or begin an arson fire.

Let us therefore stress that a <u>CLEAR</u>, <u>dark red rather than a muddy or cloudy red</u> shows strength on the physical plane. If the negative red has us weak, weary, tired or lacking in courage, become still and ask that we have the clear dark red give us physical strength.

When this is established, let it next be raised to **CLEAR, BRIGHT CRIMSON**, the bright clear red of a patriotic banner. This lifts us up to courage, faith and hope which symbolizes sacrificial love, with an intermingling of passion. This isn't the sex passion, but passion for a cause or a high ideal. We will be flooded with strength, vitality and energy.

We give thanks in the Name of the High Holy One for the help of the Red Ray Workers.

Like all colors with which we work, we must choose our hues wisely. When the crimson red is raised in consciousness by the addition of **WHITE**, it becomes **PINK**, the dainty shade which symbolizes love of family, friends, and a desire to be of service. It is a joyous vibration with the red of courage and strength. When mixed with the white of the Christ Ray it makes us

happy, relaxes and peaceful. It gives a new understanding of love to the world. If we wish to feel happy and enjoy ourselves when we gather with others, we should wear a pink shade of red. This wonderful hue holds within itself the joyousness of the child-like soul that sees Creative Source or good in everything.

We may help the Color Ray Workers by offering ourselves as chalices, choosing the color we would like to send out to those in need, using the method taught of holding the left hand (the love hand; the receiving hand) in its cup shape, ask that the color come in, go through us and out our right hand (the sending one) to anyone who is fighting a losing battle with some weakness of character. Send the color in the Name of Creative Source and the needy ones will find reinforcements.

This radiance may also be sent to those who are struggling to hold up the Light, for when one has a desire to give up all things for the creator, then the highest vibration of the color comes forth.

By working through the Color Ray Workers, we know that neither too much nor too little will ever be sent. They are the balance wheel who use us as channels for their work to go out, multiplied by Infinity. In like manner, as we help them, we also benefit, for to give is to receive. This is so because color is a life force which we breathe in and out constantly.

The second primary color is **BLUE**. Blue is soothing and comforting with many different shades, each with its own significance.

It has a cooling effect, directly the opposite of red which is a warming color. When it is cool and misty, it produces a peaceful vibration which causes the soul to drift without making an effort.

In its coldest hue, it has a cleansing effect which is soothing to any feverish condition of body or mind but which would be a poor color to paint a room pointed to the north.

A **HEAVENLY BLUE** represents steadfastness, hope, faith and healing. It is symbolic of the tender, compassionate Love of the Christ and the protecting Love of the Holy Mother of the Christian Religion.

The deep, rich **ROYAL BLUE** is more positive and shows a practical vibration of good judgment, honesty and loyalty. It brings forth an important balance between the spiritual and the material.

The darker tints of blue, called "TRUE BLUE," symbolize faithfulness and dependability. It is the vibration of obedience and joyfully fulfilled duties. When this color becomes ROYAL or NAVY, we find good judgment, loyalty and all that pertains to the successful handling of practical matters.

Sometimes we say we feel "blue." In this case some brown is mixed in with our aura. We must simply ask the Color Ray Workers to remove the brown and give thanks that this is so.

The third primary color is **YELLOW**, the color of health of body, mind and soul. It also represents balance in our lives – that special quality that keeps us well grounded and yet in touch with the celestial teachings.

At a spiritual retreat, where much was made of the qualities inherent in Color, a woman named Althea was always in the "heavenlies." It was as though she floated around Camp, surrounded by many scarves, each of a different shade. She was beautiful but it seemed we had a sprite in our midst – a dreamer who needed the balance of "the five-pointed star."

Our body forms a five-pointed star when our feet and legs are spread nicely apart, neither so tightly together that we fall over nor far enough apart that we strain; our arms extended from the sides as the balance and our head in the clouds of Spirit brings the perfection of true wholeness.

YELLOW is in the extended arms that keep us from being too practical or too mystical. It is symbolic of a clear mind and an understanding heart.

It is a mental vibration representing youth, happiness, and relaxation. An indicator of our well-being, it is in the first aura seen and follows our body outline. Our physical, mental, and emotional conditions are reflected in the tint of yellow around our body, shading from a bright, keen-minded, intellectual yellow to a yellow-gray cast of weariness and illness, with shades of feelings and colors in between.

Those who are interested in science or art love yellow and wish to have it around them. Soon more schoolrooms and other places of learning will be painted this color. This will help students learn with greater ease for the brightness, a reflection of the sun, stimulates the brain cells.

This stimulation process carries over into the food family. The yellow in corn and other grains, in honey and yellow squash, for instance, helps rebuild our bodies.

One might almost also call yellow the color of sound, or the rhythm found in the waving of the tree branches, the rippling of a brook or the waves on a beach. The more we think of the rhythm of yellow, the more harmony will come forth in our bodies, physical and vital. This is a spiritual vibration and helps to lift the body into a higher expression – again the balancing between the basic reds and the ethereal lavenders and orchids which give an intellectual lift to the first and a practicality to the latter. A room facing the north will be warmed by this vibrancy.

As with all colors, there can be a negativity if the shades of yellow are too dark. The brightness dims into envy, jealousy and suspicion. When we find ourselves feeling and/or expressing negative qualities, like discouragement, anger or bewilderment, quickly ask the Color Ray Workers to purify the tint used and bring back the joy, enthusiasm, happiness, activity and eagerness to know and to learn found in the brighter shade.

If we feel the negativity in our bodies, it will help if we quickly don some article of clothing in the yellow shades which will bring out the best of us. As we wear the bright color for a few hours, we'll find ourselves renewed.

SHADES OF YELLOW

LEMON-YELLOW represents strength of mind, artistic thought on practical lines, scientific ideas and inventions. This combination brings forth more practical ideas of beauty. Lemon-yellow is needed in the business world to prevent people from buying unwisely.

GOLD. This deep, rich shade is the golden glory of the Most High, and it is slowly coming forth upon our earth. The intensity and brilliance of this radiation expresses the transmutation of darkness into light. Think often that all of the cells in our bodies are filled with this golden glory of the health and joyousness of our Creator. Gold is one of the celestial colors

and represents the wisdom, knowledge, and understanding of the Almighty. It is inspiration and creative ability on a high level. Gold candles lit in any room lift the consciousness.

ORANGE is also a spiritual color representing creative ideas and ideals of a high and holy order coming from the yellow basis combined with the life color of **RED**. It is the power and energy of the spiritual Life Force. As it tends toward yellow, it becomes a health aura, but as it deepens, the vibration becomes higher or finer, dealing with spiritual activity of the soul. Its fruit should be included in the beneficial foods of the yellow spectrum.

GOLDEN-ORANGE is one of the celestial colors, which with white, purple or indigo, composes the trinity of Love, Life and Light. This radiation is the wisdom of Creative Source, in perfect harmony with its power.

Golden-Orange represents the spiritual force and action behind the Word of the Creator. The Master Souls, sometimes called "Masters of Wisdom," often wear robes of this color. It is used in great abundance on the Inner Planes because it increases mental and spiritual ability. The outer world has lost the significance of the golden-orange and we should use it frequently. Let us call on the Angels of Color to bring it forth in our lives for our benefit as well as to offer it to them to be amplified and sent out into the Universe.

The color of **GREEN** composed of a combination of blue and yellow in different proportions according to its purpose give different qualities to the color. As a "Spring Green," symbolized by the new growth of that season, it evidences the continuity of life. Just as nature is dedicated to the premise that life shall recreate itself abundantly, over and over, just so the first shoots of the willow tree give us the perfect picture of Spring Green.

This green is the symbol of spiritual life vibrating to peace and joy, bringing abundance with its new growth. It carries the picture of the color yellow of the five-pointed star as a balance between the earth and the celestial space and adds the healing qualities of blue thus bringing peace to that balance.

The earth-based red, the little higher orange and the next shade up of yellow, all come into our body through the feet. Green comes into our body as a balance wheel for all parts of us

and approaches the body from the middle. All other colors come down from above through the Crown Chakra, the I AM CENTER, the seat of super conscious mind activity.

This Spring Green rests the eyes, calms and relaxes the nerves and is very helpful in overcoming fear. Like blue, it is potent for healing, especially feverish conditions. It brings a message of hope as the winter is gone and hope is renewed in the buds, blossoms, and leaves which come forth with new vigor. It is as if Creative Source bends down from heaven and gathers the earth into its embrace and the heart, mind and soul of mankind is lifted up. Green assumes the role of more than a color and becomes a symbol for the goodness and mercy of the High Holy One. As such, if we are disturbed and confused, this beautiful color will be of great help to us.

As a whole, all shades of green bring faith, hope, and peace. The rhythm of the green ray is peace between person and person, person and the elements, and person and Creator.

As in all cases, this color may be muddied by personal greed and aggrandizement which is the dark side. Equally, this slant can easily be erased by the simple realization that we have left the higher approach to life and, using the wonderful "new Spring Green," can create a new beginning.

Our world's efforts at seeking peaceful ways to settle disputes is evidence that the GREEN RAY is everywhere abundant and peace is its mighty symbol. This is part of the New Age into which we have entered.

If we add more blue to the green, the color of **AQUA** is brought into being. This combination is very quieting to the nervous system. It means that the Peace of the Creator and Its healing Love are blended together in a beautiful and holy vibration.

As we add more yellow to the green, the beautiful color of **CHARTREUSE** comes into being. This is a highly intuitive shade which brings a knowing of what happens on the Inner Plane. It is an angelic color materialized on the physical plane. If one is fortunate enough to find clothing of this color, this gift becomes close to that one. If this color appears before the eyes while in meditation, a personal angel is very near. Angels wearing chartreuse stand by until there

is a time for a being's passing into another world and then they assist to make the passage easy and enjoyable.

The color of **PURPLE**. The combination of red and blue in varying proportions gives us many power slants. If too much red is in this color, great suffering is a possibility. This is the negative side of a great color and knowing this, this hue can be avoided.

In equal proportions, purple symbolizes power of body, mind, and soul. More importantly, it is the gift of the spoken word. It is pure, unadulterated power and must be used with greater care than any of the other colors. To wear this power color and to use this ray in the color work, **BE SURE TO USE THE PRAYERS OF PROTECTION BOTH TO PROTECT YOURSELF AND OTHERS**. Nevertheless, never fear the power – just allow it to be controlled from ABOVE rather than allow the personal angle to intervene.

A project for world betterment may be bathed in this powerful vibration and then extended to all constructive projects. Purple and gold (opposites on the color wheel) complement each other, for the wisdom found in the golden ray is needed to bring purple to its best and highest expression. The additional outpouring of gold over the purple, with which the public projects have been treated, will bring about the highest aspects.

The **POWERFUL VIBRATION OF INDIGO**, which is coming into its own in this generation, is worn by the Master Souls whose work is with science. You will remember we learned that the Leader of the Color Ray Workers wears an indigo robe, lined with gold. His purpose is most important as we know from all the knowledge which his group and he have poured forth to us.

Indigo is the expression or manifestation of power on the physical, mental and spiritual plane. This color is pure power, the power of the Almighty.

It must be used impersonally and not for individuals, but for disasters, storms and world work with large groups of persons. THE POWERFUL INDIGO RAYS MUST NEVER BE USED WITHOUT FIRST FINDING THE WILL OF CREATIVE SOURCE REGARDING THEM.

TO DETERMINE THE WILL OF THE CREATOR DO THE FOLLOWING:

- 1) Use the Prayers of Protection so that you and those with whom you work are safe and secure.
- 2) Give thanks that the High Holy One is in charge of your Will faculty. To do this, say the following, "I give thanks that I will to will the Will of the Almighty." Consider that for a moment. It means that you are turning your personal Will over to the Creator, that the Divine Will shall be in charge, and that you do this gladly.
- 3) Expect that your guidance will be good. Believe it! Become still. Listen. Give yourself time, for these are the most powerful Rays and yet their value is inestimable and they do need to be used on occasion.

Test the idea that comes to you. Say, "I trust you, Oh Creator, and because I do, I am going to take the step you have shown me. If I have misunderstood, stop me."

Walk forth in confidence unless your way is barred by serious doubts. Give thanks for the work to be done. Do it! Give thanks that it is done in the Name of the High Holy One. Close your prayer in your usual way.

As a precaution, realize that indigo should never be used with another powerful color like golden-orange, for golden-orange should be paired with a very soft, gentle vibration. Indigo is more powerful than purple because it is the Word of the Creator expressed in form.

It is the color of the conqueror and a blending of physical, mental and spiritual power.

Our earth has entered into a period of science which will be the avenue through which the human family will find this Holy Power and man will learn this law more fully and will use it wisely.

The color of **LAVENDER** is a holy and healing vibration that lifts body, mind and soul into the consciousness of the eternal peace of all life. It has an attraction that draws the atoms of the body together to bring forth healing. It is a selfless love vibration that links the universal to the cosmic.

Lavender is a wonderful healing force. Those in the inner who make healing their work wear a great deal of this color. It symbolizes mother love lifted to a high plane of spiritual dedication and cosmic consciousness. It is the color of humility and worship. It can be used for the healing and uplifting of the natural world.

Those who love lavender, and use it a great deal, often need a stronger color vibration to help them solve their problems as the lavender is too ethereal to stand alone.

The color of **ORCHID** is symbolic of the universal consciousness that is lifted above "thine and mine" into the oneness of all life. This exquisite color is a high and holy spiritual vibration symbolizing the Motherhood of the Creator. It represents holy dreams and aspirations which seek beauty in thought, word and deed.

It is the comforting, protecting consciousness of the maternal parent concept of the Creator with compassionate tenderness toward the helpless of all kingdoms.

Orchid is the vibration of spiritual motherhood lifted into the cosmic and is the color used a great deal by the World Mother. The close of the year is dedicated to the Holy Mother and She is able to come close to humanity then with peaceful and comforting vibrations.

The color of **SILVER** is a lovely color but different from the others in that it has a stillness, a depth and even a coldness which must be tinged with rose to lift it. The Arch in the Sky (the rainbow) doesn't carry this color and yet it is to be used as are the shades of Gray and Brown. Our colors are materialized from the clay of the earth, its chalks, its rocks, metals and minerals. Not all of them are in the rainbow and yet they affect our lives.

The rosy vibration is necessary to raise Silver to its rightful place among the rays. Both silver and gold have been used negatively, causing crimes to the committed in many forms. The time will come when silver, gold and other minerals will have no money value for they will have been redeemed and healed

Silver is used a great deal in the inner realms of Light as bells, headbands and ornaments. It sparkles and glows with a great beauty unknown to earth.

We can redeem our silver possessions by blessing them and enveloping them mentally in rosy-pink.

The color of **GRAY** must also be lifted, cleansed and redeemed because the world thinks and speaks of it negatively. Like silver, it needs the rosy tint. Gray is a beautiful shade, but when it is mixed with black, it becomes dull and heavy.

Gray can be used with red or rosy-pink or royal blue. It shouldn't be mixed with white as that just makes the gray a lighter tint.

In its highest vibration, gray has a peaceful, quiet tone in perfect harmony with the color green but even then it lacks sparkle or life and needs the rosy tint to brighten it. Gray has a thought of grief, sorrow and loss connected with it unless it is lifted with a brighter color but this can easily be accomplished.

The color of **BROWN** has many shades and some of them are very beautiful, especially in the autumn when crimson and gold of the falling leaves of the trees give life and sparkle to the brown.

One must use wisdom and mix the brighter and lighter tints to bring out the life in the darker colors.

To bring forth life is to bring forth the Love and Joy of the Creator. Brown is the color of the earth and is symbolic of growth, effort and the desire to accomplish. The earth is the foundation from which all the glorious colors spring forth to grow and glow with vitality and beauty. To get the products to make colors to work with, the products of the earth are dug, mined, smelted, crystallized and melted. Beauty in the sky, beauty in the earth, are brought to us by the Color Ray Workers who are dedicated to evidencing the healing, joying, cleansing, freeing qualities into our lives. Our part is to appreciate the offerings, receive the qualities and pass them on in infinity's eternal process.

The vibration of **BLACK**. Black isn't a color. It is, instead, a vibration and power. Black is never worn in the Inner Planes as it is a difficult vibration to rise above. It absorbs light and heat, depresses the spirit and lowers the vitality. If our work requires its use, then we must always add a brighter color to lift the vibration. Whatever color is placed with it determines the type of power. Black with pink reflects a social power; with red, it's physical power. Black and yellow give intellectual power.

Black will eventually disappear and white will be used more often as the world advances. In the New Age, nations that have worn dark clothing are beginning to lay them aside. This will continue to increase until undreamed of tints and shades shall become prominent.

THE ROSY TINTS

ROSE is the human love color, but the **ROSY TINT IS A HIGHER VIBRATION**. It has more of the celestial white or Light in it. It is the love vibration lifted above the personal plane.

Love is always love, but it has many degrees of unfoldment and different states of consciousness. THE ROSY RAY WORKERS ARE SEPARATE FROM THE OTHER COLOR RAY WORKERS BUT THEY WORK WITH THE REGULAR COLOR RAY WORKERS TO BRING FORTH THE DIFFERENT TINTS.

These rosy tints are of the greatest importance because they are the highest vibration of the Love of God which warms, comforts and neutralizes all hate vibrations.

ROSY-WHITE

Rosy-white is the Love of God expressed through purity, illumination and intuition. This tint changes the white from a sterilizing, cleansing vibration to one of healing love and purity.

The Rosy tint with white is more of the Spirit than the flesh. It contains pure thoughts and ideas, a purity of mind, soul and spirit. It brings understanding that all things are created, strengthened and protected by the Love of the Creator. That particular Love – the rosy Love – is

the raising of love in the heart of man to a higher standard. This is a pure, holy and unselfish love vibration which wishes only to give, asking nothing in return.

ROSY-PINK

This is not red or pink but a combination of both which creates a very dainty, ethereal vibration which expresses Love and Joy. When rosy is added to red or pink, the love vibration is raised to the cosmic Mother Love.

This is the baptism that changes human love into a pure, spiritual love vibration which includes all humanity. All negative conditions can be flooded with this rosy-pink and healings can take place if enough Love and Joy of the Creator is poured out.

It doesn't matter how simple the need; a sick animal, a family quarrel or a world condition, the remedy is the same. We are to use the rosy-pink freely and then the Love and the Joy of the Almighty will completely cover all negative conditions.

ROSY-GOLD

When this rosy tint is blended with gold, which is a celestial color, they blend almost into one. As a personal note, this is the color of my **SPECIAL ANGEL** and when this color appears before my eyes when I am in prayer, I know I have prayed a good prayer which will have an equally good answer.

When we work with the Rosy Tint Color Workers, using Rosy-Gold, we are blending two very high and holy vibrations together. We are to use it when Divine Love is needed, for human love is so often selfish and the world needs the combination of Divine Love and Wisdom. If rosy-gold is poured out abundantly, it will heal and harmonize all kinds of conditions. As this holy radiation falls on us like golden rain edged with rose, breathe it in and become one with it.

OTHER ROSY TINTS

ROSY-RED is the Love of God expressed through health, strength and vitality.

ROSY-GREEN is the Love of God expressed through peace.

ROSY-BLUE is the Love of God expressed through healing.

ROSY-PURPLE is the Love of God expressed through power.

THE RAINBOW COLORS

The rainbow holds within itself all the colors of the electro-magnetic spectrum, as well as white, yet each color interblends. It symbolizes the unfailing promises of the creator and the fulfillment of the Word. These promises were not made to one certain group or to a period of time, for they are for all who walk in the Light.

The rainbow is the covenant between Creative Source and mankind. Creative Source is more than willing to fulfill the promises given to all of us, but it is necessary that we turn and recognize the rules and disciplines, the love and energy involved to receive the massive amount of good waiting for us.

When we see a rainbow in the sky, we should let our hearts swell in thanksgiving that once more we see the visible sign of all the blessings that await us when we live and work for the High Holy One.

Those promises include health for all, abundance for all, peace for all and love unbounded. We are to give thanks for these blessings symbolized by the rainbow and rejoice in them and broadcast them to all the world over the Etheric Broadcasting Stations.

We are to broadcast rainbow radiance as life, strength, harmony and joy to the entire world, especially during the months of November and December. At the close of the year, the whole world is lifted in consciousness and the Rainbow Workers are able to reach more people, more Sprites, Fairies, Little People, all of whom are termed The Elementals and who tend the forces of nature – the flowers, the air, the forest, the waters.

During the last two months in the year, the Rainbow Workers gather together in one large group. They pour out the colors lavishly, so that this wonderful power of the Creator, expressed through color, can go out to bless the entire world. It's the joyous vibration of harvest to celebrate the coming of hope, joy and freedom to all of the Almighty's great family.

To finish this chapter, the **ANGELS OF COLOR SAY TO YOU**: "We would like you to make your prayers, PRAYERS OF COLOR. Send out on the wings of prayer the beautiful blue, the green, the gold, the orange, the white, the lavender, the red of strength and courage.

"THINK color. RELISH the feeling of color in your body, mind and Spirit. For instance, if you awaken in the morning feeling weary because you have done extra work during the night and haven't asked for enough protection, think RED all through you. Feel that you have put a robe of this color on you, beautiful red silk, soft, enfolding you in its strength, vitality and energy.

"When someone you love is weak and exhausted, fold them in shades of red in your prayer time. Ask our help and more can be accomplished through you.

"WHEN YOU OR OTHERS HAVE OTHER NEEDS CALLING FOR THE USE OF OTHER COLORS, MATCH THE NEEDS AND COLORS AND WORK IN THE SAME WAY AS YOU DID WITH THE RED.

"Add more color to the whole world, beginning with your own home. Envelope every area of your dwelling with color, giving us permission to use the shades we think are best. Enlarge your prayers of color to go out to your locality, state, country, nation, continent, the seas, the sky and the rest of the Universe.

"Begin again, this time with your own body and going out to all individuals made by Creative Source. Make your beginning small enough to allow your bath water to become color. Use a beautiful RED if you're tired; a lovely BLUE if your need is for healing. Ask for our help in choosing your colors for these ordinary parts of your life and let them go out to the Universe.

"If you want to get rid of negative thinking, for instance, let the color be WHITE. IF YOU WANT TO KNOW MORE ABOUT CREATIVE SOURCE AND HIS MYSTERIES, MAKE IT GOLD.

Do you have need to combine the Love and Wisdom of The Almighty in your world? Use ROSY-GOLD. Each day ask that everything you do and think be guided by color for the Creator's perfection, <u>THEN SEND IT OUT</u>, <u>NEAR AND FAR UNTIL THE WHOLE</u>

<u>UNIVERSE IS ENVELOPED IN THE GLORY OF THIS LIFE-GIVING PART – THIS ESSENCE OF YOUR LIVES.</u>

GIVE THANKS and know that all is well."

Chapter 10

The Trio – Angels of Color, Music and Perfume

Remember this from Chapter 7 written about the Etheric Broadcasting Stations? "We simply must be willing to accept a certain amount of intangible evidence as fact if we are to reap the benefits of our connection with the angelic world and Universal Mind.... That which is in the heavens is always greater than that which is seen by the naked eye because the unseen is the Source of the Seen." This goes for Etheric Broadcasting System and the harmony of the heavens.

This harmony is the connection of the angels called the Color Ray Workers and the Angels of Music. They come from the UNSEEN TO THE SEEN, both individually and together. Their work takes place in both areas for they work together and separately.

When the Angels of Color move through their ritual performances, forming squares, triangles, rectangles, doing universal work over the Etheric Broadcasting System, they are often accompanied by the Angels of Music and of Perfume. There is no stereotype – Creation is continual movement. Where there are needs, there is movement.

Along with the movement there is always prayer, for prayer is the prime purpose in back of everything. Prayers of color. Prayers of music. Prayers of perfume. Prayers of healing. Prayers of thanksgiving. Prayers received from the people of the planets where they are enhanced in the Eternal and sent out for Universal purposes.

It stands to reason that just as every discovery . . . every tapping into Creative Source . . . builds upon those learnings already passed down to us from above by listening, learning, experimenting, proving, in color work, just so it is with music and perfume.

In today's world, from the songs of Loretta Lynn of "Butcher Holler," fame who starred in the Grand Old Opry, to Leonard Bernstein, composer and conductor of a great variety of music from his well-known musical, "West Side Story", to symphonies, operas and the classics, there is the realization that the music is heard within the mind before a word or note reaches paper.

Sound – color and music sent out into the ethers over the Etheric Broadcasting System touches those who are tuned in to its frequency, knowingly or unknowingly. Musically we often study and build upon the teachings which have come before us but our stamp of originality becomes our signature sound.

You and I are reminded that we have a part in the successful work which comes forth from that great storehouse of knowledge which is Creative Source although we aren't visible participants. It is for us to offer ourselves as channels for the Love, Life and Light of Universal Mind to be sent out through us for the angels to use. Part of that Love, Life and Light is Color . . . Music . . . Perfume.

We have learned much of Color but we add to that the realization that Music must also have Color. In Bernstein's book, *The Joy of Music*, in writing of conducting an orchestra, he tells us that the <u>good</u> conductor actually plays one hundred human instruments. He must cause them to become his own interpretation as though they were only ONE instrument and it must be <u>COLORED by his emotions</u>.

He speaks of color and jazz, saying it wouldn't be jazz without its special tonal colors, the actual sound values we hear. He mentions the tonal colors that derive from Afro-Cuban sources: Bongo drums, maracas, the Cuban cowbell and all the others. Then there are the instruments that have an Oriental color: the vibraphone and the various cymbals.

He mentions that we have certainly all heard jazz tunes played "straight" and wondered what was missing and tells us that certainly the something is colorization. This can be seen by those whose inner eyes are opened to the vibrations of hues.

Each area of music – and they are countless – has its own color. The Angels of music are also countless. The bliss of their outpouring is always filtered through the personality of the being who tunes in and translates what he/she hears.

Sometimes we hear of composers who spontaneously receive their whole song, words and music, complete. It needs no revision. They hear directly from Source exactly what they want to convey.

More often, however, the music and words are filtered through the many "thought forms" in the ether, their own preconceived ideas and the influence of others. They must work, trying this and that, referring to other composers and how they have handled like situations. And, if they choose, they can ask the Angels of Music for help.

Music is a sacred science. All things in the natural world and all human beings register as individual notes in God's great Symphony, often called the "All-Song" or the "Music of the Spheres." Many who have experienced the near-death report hearing music more beautiful than any other sound while they are gone out of the earth's atmosphere.

My husband had this experience when he was twelve years of age. He was following the waves of an excursion paddle wheeler in a "skiff" which upset. He had "gone down for the third time," as the expression went in those far-off days.

When he was rescued, it was the music he kept talking about – how marvelous – nothing like he had ever heard before. There was also an assurance within him that he would never be afraid to go on when his real time came, the Light had been so wonderful.

Bells form a large part of the heavenly music. In the last several years, more bell choirs have come into existence on Planet Earth. In heaven and on earth, there are often children who play with the more mature as well as having their own choirs. The children don't play every time in the heavenly sphere but they are so happy when they are needed that their elation enters into the bells and the melody is more beautiful.

They're called "joyous bell ringers" and are used particularly in the New Year, Easter and Christmas music. Their bells are smaller and there are never more than three rows of bells for each child as that is enough for them to remember.

"When you ring your bells, think of something happy," the leader tells them, "perhaps birds singing or leaves floating down the river."

After the music is over, the heavenly children tell each other of the beautiful mental pictures they created. They know that these thoughts of beauty, joy and rhythm go out on the wings of music.

The older bell ringers concentrate on the melody as they play many sizes and tones. Some of the larger bells are on frames with the player standing, touching the different bells with a rod. For the most part, however, they are arranged on what the world calls tables where the bell-ringer sits, picking up the different bells, shaking them to make the melody.

The bells are a lovely part of the heavenly music. They bring forth healing and joy to earth and to other worlds. The members go to the great broadcasting stations where a definite plan is followed as to where and to whom the message is sent. The music is suitable for the recipient for it is stepped down to an individual's understanding and spiritual development.

The work of the bell-ringers will be helped if those of us who are reading this will send blessings to the players to give them greater strength and more power to send out their message of joy. Joy blesses. Joy heals. The music of the bells brings joy.

When color, music and prayer are used together as a trinity, then wonderful healing results fill follow. All things in the natural world and all human beings register as individual notes in God's great Symphony which, again, we call the "All-Song" or the "Music of the Spheres."

If we wish to use music in healing, we first use the prayers of protection, then humbly give thanks that we may become receptive to the inner rhythm of life and that the indwelling Almighty will give us the correct key-note. Play the music in the key that has been given us before or during our healing silence.

We mentally invite in those whom the Creative Source desires to work with us. These helpers who are often the Angels of Music and Healing will then be enabled to take their part in our musical healing period.

To those of us who have musical talent this type of healing work opens up new fields of endeavor. Unselfish service given in this way enables us to tune into the heavenly music and to help bring a more perfect rhythm on this earth. The keys that follow show how to combine the colors, keynotes and planets. One who desires to work for our all-loving God will find these keys very helpful.

The Russian composer Scriabin was deeply interested in the study of color and music.

These are the musical notes and correlating colors as he saw them. We use these as we are led:

SCRIABIN'S

MUSICAL KEYS & CORRELATING COLORS

C	Red	
C #	Violet	
D	Yellow	
D#	Glint of Steel	
E	Pearly Blue & Shimmer of	
	Moonlight	
F	Dark Red	
F#	Bright Blue	
G	Rosy Orange	
G#	Purple	
A	Green	
A #	Glint of Steel	
В	Soft Blue	

The Astrological Keys for Musical Therapy are as follows:

Aries	D Flat Major	Head
Taurus E Flat Major		Neck
Gemini F Sharp Major		Arms, Lungs
Cancer C Sharp Major		Stomach
Leo	A Sharp Major	Heart
Virgo	C Natural	Intestines
Libra	D Major	Kidneys
Scorpio	E Major	Sex Organs
Sagittarius	F Major	Hips
Capricorn	G Major	Knees
Aquarius	A Major	Ankles
Pisces	B Major	Feet

Scriabin felt that musical pieces played in the keys with the accompanying colors would assist prayers for that area of the body. He did not live long enough to go on with his experiments so we are left on our own to prove or disprove his theories.

To take us into the combined trio of color, music and perfume as one healing agent, perhaps it would be helpful to take a walk in an area where nature still hasn't been taken over completely by concrete and the rush of big business. If this isn't possible, however, we can look at the sky, appreciate the sun or rain, the air, realize we can be ourselves in our deep inner in any atmosphere.

In our mind's eye, we can even think of where the fruits and vegetables we eat came from and imagine the REALNESS of our everyday lives.

Everything about us has the possibilities of our three tools. Fruit on the trees or vines is fragrant, has color and the sound of the birds is always present somewhere and we can put ourselves in that somewhere.

It is time now to pay attention to the third part of the trio – PERFUME. This precious fragrance is the BREATH OF THE ALMIGHTY; THE VERY BREATH OF LIFE. When the breath leaves the body, we say the person is dead and it is so for the breath of God is gone.

Just as the Angel Azrael is in the Judaic and Mohammedan religions but not the Christian and we work with him, just so is Jesus, the Christ, the representative of the essence of perfume as a Christian representative. He is the essence of perfume or fragrance as a healing, Spirit-filled vital force in every life. In the Angelic world there is no difference.

Perfume's influence is powerful but little known as yet. To appreciate the influence of this trio (color, music, perfume) which we have linked together, look at, listen to and breathe in the life around you. All three are perpetuated everywhere.

Perfume is an equal third of the three, along with color and music. The time has come for it to become part of our common knowledge.

There isn't as much known about fragrance in the outer world but it is equally important with the other healing agencies. It is one of the many spiritual gifts available to us and is broadcast over the Etheric Broadcasting Stations the same as music and color. It is a very advanced unfoldment. We can learn what the great Inner Plane has brought about it.

The scriptures tell us that when God made the earth and the beings who inhabit it, he breathed the Breath of Life into everything and we became living souls. When Jesus Christ left this earth, he breathed the Spirit of Truth or the Comforter into us. This Spirit is the essence of the Christ – the perfume of Jesus. Just as this Son of God took part in every life experience from which we are to learn, just so there was a sweet fragrance from him which blesses us to this day.

I remember many years ago the first time I smelled hyacinths in a group meeting and there were none in the room or the area. It was as though I exulted in the realization that the very ordinary Geneva (I hadn't earned my "h" then) had been honored by a high being whose

emanation as much as said, "The role you've played this evening has been very valuable. I'd like you to know that I'm nearby and appreciate you."

The occasion was a Council Ring meeting of the Camps Farthest Out, an experiment in heaven-living of the 1930's to '50's. The next summer's retreat was being planned. I was a new member of the Ring but was able to offer the use of Chico State College (now a University). The place had never been let out for that purpose before but Divine Order had all angles worked out for success. It was that for which I was being saluted. I still glow within when I think about it.

We are individuals in that we have our own emanation.

Can you think of anything which doesn't have its own particular perfume? We smell the loam of the earth, the bloom of the flowers, yes, but we also recognize the odor coming from the body of ourselves and those whom we know intimately.

I went to an acupuncturist once and he told me not to take a bath the day before my appointment. He wanted to learn what he could about my physical condition from my body odor.

When my husband, who was clairvoyant, clairaudient and clairsentient, went into the stillness to work for someone, he breathed in the essence of the one he intended to help.

There is a charka point at the back of the nasal passage which is susceptible to the perfume of persons and situations which "sensitives" use over and over.

We MUST become aware that each being and every emotion expressed has its own odor and that it varies from one occasion to another. An animal, for instance, knows instantly if we are afraid of it and acts accordingly. We can smell a fever from a sick child; sense the perfume of joy when we are on top of a situation; almost smell the fury of the bull who is being tantalized by the toreador.

But how about the heavenly beings? Do they emanate any particular fragrance? We have spoken of the powerful trio of angels and archangels who represent Love, Life and Light – Gabriel for Love, Azrael for Life, and Michael for Light. If we are privileged to smell roses when there aren't any in our area, the Angel Gabriel has visited us. The Lily of the Valley represents the Angel Azrael and the Camellia lets us know the Archangel Michael is nearby. Once again,

we recall that everything is perfect in heaven and that much is in that place which hasn't yet been brought into consciousness. Just so with perfume. When we speak of the Breath of the Almighty it is an essence which we recognize but can't evidence here.

This is also true when we say that in the study of perfume, the heavenly messengers who speak to us say that they keep the breath sweet through a clean system and that the sweetness of the soul in the spiritual realm is reflected in the breath. They breathe there just as we breathe here but tell us the air we breathe is often contaminated and impure and therefore not as sweet as it truly should be.

In their atmosphere, the air is pure. It is the breath of God, filled with the perfume of the Christ. They breathe it in and out as joyously as we breathe sweet mountain or sea air on our earth.

The greater the unfoldment of our souls, the more wisdom we have and the sweeter our breath becomes. Certain fragrances come forth when the soul reaches mastery along some line. When we smell fragrances, we are in the company of Master Souls, great healers, teachers and leaders of humanity and of many worlds and many peoples.

Those who work closely with these Great Ones carry the sweetness and the perfume of the Holy Ones. We recognize some odors and call them by their earthly names but others are heavenly essences which are called simply the perfume of the Christ. When that essence leaves the body, there is no more life.

Again, we stress that the breath of the Christ in us should be sent out over the Etheric Broadcasting System as are all the other gifts of the Spirit. It is our privilege to pour perfume out silently with the consciousness of what we are doing – emanating the essence of the Christ. We do this with ease, humility and joy.

To obey this command will make us sweeter, kinder, more tender, loving and forgiving. We will be healthier, because God is health and we are to consciously breathe the radiance of the allness of Christ into our own body. We should take at least seven deep Christ breaths once a day. As we breathe in, we are to feel that we are breathing in the Breath of Life. We are to lift our thoughts even beyond the personality of the Lord Christ into the cosmic where all things are

one. When we do this, we are breathing in the Cosmic Breath. We may go back to where we stood in the fresh air in the early morning and breathed in Spirit, Beauty and Balance, Might, etc., this time realizing these qualities as their deeper meaning.

Perfume has a very important place in this New Age in which we are now living. It can be used for the healing of the sick. It will also lift the thoughts into a higher realm; to beautify the human body and the things of the earth.

As our senses are developed, first there is a feeling which is the easiest to unfold – a knowing, an intuition, and inner knowledge. Then there is the sense of sight – the vision – the picture seen with the eyes of the Spirit. After that comes hearing – not the hearing of the lower astral area where often there is discord, but hearing on the higher planes of Being where all is rhythm, harmony and peace.

After this is the sense of "tasting" – another name of enjoyment – for joyousness – for spiritual eating, drinking – for holy communion – the Bread of Life and the Water of Life.

Then there is the sense of smell – the perfumed breezes – flowers – thoughts. We are to ask the Father that our thoughts shall become perfumed and go out to bless many that they may be filled with the perfume of God.

The Angels of Perfume wear robes of rainbow colors because the perfumes are many and very potent in spiritual unfoldment. The blend of all colors – the perfume of the rainbow – lets us face life with courage in our hearts, with joy and with faith. We become willing to broadcast the Perfume of Life for the spiritual unfoldment of all who come within reach of our sendings.

The above was brought to us by a messenger who finished this talk with the statement that lilacs are the fragrance of joy and the lifting of the consciousness, a releasing of tension, an infilling of peace, harmony and satisfaction!

Chapter 11

Two Special Angel Groups

As I was going to sleep last night, the Angels of Patience and the Angels of Heraldry made their presence known to me.

They said that even though I had told of many wonderful things and despite the fact that their groups were small, I should surely remember I was to include them in any book I wrote. Therefore, I bring you:

THE ANGELS OF PATIENCE

This group told of their importance many years ago through Starr Daily, of whose mystical experience the author Louann Stahl speaks in her book *A Most Surprising Song*, published by Unity Books, 1992.

Starr's early life, as that of a hardened criminal whose rebellious nature led to solitary confinement, was hardly that of a patient man. His overwhelming spiritual acceptance of Jesus, the Christ, who personally appeared to him in his cell, changed his life.

He was the speaker at a three-day retreat in our area. The two of us were talking one on one when he said that one of the more important things to learn in life is that one should **NEVER ASK FOR PATIENCE**. To do so is to draw to ourselves many opportunities to learn how to exercise that trait! Challenge after challenge will face us until we patiently(?) learn to be patient.

Instead, WE ARE TO GIVE THANKS THAT WE ALREADY HAVE PATIENCE. If we do this, we walk through life and HAVE PATIENCE WITH US EVERYWHERE WE GO!

This is the message the Angels of Patience want to pass on to us. It's nothing big, they tell us, but they think it is as important as anything else we may have learned so far.

THE ANGELS OF HERALDRY

Nine of us were gathered for our semi-monthly evening of meditation. We had closed our time together by drinking deeply at the Fountains of Color. We were relaxed, enjoying ourselves. Two of our group, Shirley Scott and Anne Kennedy, were getting some of the colorful fruits from the table . . . translucent honeydew melon, shiny orange papaya, golden pineapple, flame-tipped grapes . . . when the Angels of Heraldry spoke clearly to Shirley.

Let her tell you:

"Anne and I were sipping tea, starting to put fruit on our plates when I was called to loudly from the deep Inner with the words, 'For the book. For the book!'

"Cold chills ran up and down my arms and my whole body, but especially my head, was shot with energy as if a thrust of adrenalin had hit me.

"Anne sensed immediately what was happening. She laid her hand firmly on my arm and said, 'You're getting a message. Write it down.'

"The only thing handy was a napkin so I wrote these words, 'Angels of Heraldry.'

"Message at birth of Christ."

"Fear not."

"I answered, 'All right.'

"That and the words, 'For the book,' was all that came. The energy abated and I was calm."

Then she turned to me and said, "You have to do the Angels of Heraldry in the book you're writing." My first reaction was, "Oh, no!" for I visioned having to deal with the symbology of armorial bearings, genealogies and heraldic ceremonies.

And then I remembered that I had been working that very day with data about the birth of Christ. This message meant that the Angels of Heraldry had something to do with the announcement of that event. I'd been studying several versions of the birth from different Biblical interpretations.

It came to me that those who spoke and sang at the tremendous moment when Christ was made man were rightly claiming a category of energy all their own.

At that moment I understood the lines of the Christmas carol, "Hark! The **Herald Angels** sing, Glory to the newborn King." No wonder the **ANGELS OF HERALDRY** wanted us to know they have a special place. They are the ones who praised God as they sang, "Glory to God in the highest."

How blessed we are that the angels made themselves known to our group.

The above was written several years ago for inclusion in a book which was never finished.

SINCE THEN MUCH MORE HAS BEEN ADDED TO OUR KNOWLEDGE.

These special angels tell us that:

- 1) Just as the Angel Azrael is known both as the Angel of Life and the Angel of the Harvest, there is a second category for The **Angels of Heraldry**. They are also known as **THE ANGELS OF KNOWING**.
- 2) As Heralding Angels they announced the birth of John the Baptist as well as Jesus the Christ.
- 3) As Angels of Knowing as well as Heraldry, they try to work with leaders of all countries to let them know of changes to be brought about in the world. Their success rate among leaders has not been too high as there needs to be a willingness to truly listen to guidance.
- 4) Because the leaders don't pay attention, the angel groups use persons who are willing to be channels to get out their announcements. Best known of these, perhaps, is Nostradamus, the

French astrologer of Jewish origin, who in 1555 published a book of prophecies in rhyme called *Centuries*. Some of the things foretold have already come true and the book is still a sourcebook for mystics.

Another who listened and passed on their message was Edgar Cayce, trance medium, who channeled information about healing persons as well as the universe. His work still continues in Virginia Beach, Virginia.

In today's world Ruth Montgomery, Eleanore Thedick, Flower Newhouse and Marcus Bach come to mind.

Many of us have the gift of KNOWING and can help the Angels of Heraldry and of Knowing in their efforts. We will recognize ourselves when we realize that we often spontaneously give helpful answers to questions without apparent thought. It is as though our mouths open and words come forth and they are the right ones for that special moment.

As is always the case, the angels seek our assistance. When we offer our willingness to them, our hearts are warmed as we are given words to say and deeds to do.

When the Angels of Heraldry first made themselves known to our group, we said, "We greet you, Angels of Heraldry."

In equal joy, let's add this new angle and greet these angelic beings thus:

WE GREET YOU ANGELS OF

HERALDRY

AND

ANGELS OF KNOWLEDGE

* * * * * * *

GENEVA(H)

And now would you like to know how Geneva(h) became Geneva with an "h"? I mentioned her a few pages back.

As long ago as I can remember, I was always Geneva with an urge to write, perhaps even when I was four or five years of age. That was one side of me.

The other was the Geneva who always met needs. I was a dutiful daughter, a faithful working wife and mother, one who filled niches in many persons' lives as I went along – and yet I always yearned to learn more and to write.

Among the many things I grabbed (for I had to grab time when I could) was the study of numerology. I loved it. Another was to study at Unity Village and become a Licensed Unity Teacher. I loved it. One requirement for the latter was to teach a certain number of classes.

I was teaching from a text titled *The Christ Highway to the Temple of Light*. I was studying Lesson 29 called *The Overcomer*. The gift of my "h" is tied in with numerology. The analysis of my name didn't include any number 8. The letter "h" is the eighth letter of the alphabet and is a number of empowerment. I needed that quality to be productive in the realization of the dreams that I always carried within me.

This is what is written in Lesson 29: "The Path of Spiritual Unfoldment is symbolically an upward climb."

Daily we overcome, perhaps a selfish trait, a fear complex or a racial thought. Thus, we take one more step upward and onward, earning our new name as an Overcomer.

In the Scriptures (Rev. 2-17) we are promised the fruit of the Tree of Life as an Overcomer. We are told that we shall have "a white stone and a new name."

The early patriarch, Abraham, was known first as Abram. His wife, Sarah, was first Sarai. Both were given "h's" when they became overcomers.

As I studied about this, down through the ether, like a note of music on a staff, came an "h" and fastened itself on the end of my first name. This beautiful miracle enabled me to be

'Genevah' who is more sure in meeting the public and becoming a speaker and writer. I use it as a professional name while still maintaining Geneva for legal purposes.

And with that personal note, let us proceed to Part 2 where I shall **DARE** to go into healing techniques that may never have been seen in print as yet!

Chapter 12

Healing Techniques

STOP

The <u>STOP SIGN</u> is advance notice that we are about to go to the study of the <u>Healing</u>

Techniques which come directly from Creative Source! The line into that area must not be crossed without our becoming very firm as to who we are, what we want to do and how we shall do it. <u>Most of all it will STRESS THE IMPORTANCE OF USING THE SPIRITUAL</u>

TOOL OF PROTECTION!!

To prepare for this we must take time now to pray the prayers of protection which satisfy us the most, being sure to include the Wall of Flame, the Cleansing of the Aura and the donning of the Whole Armor of Light.

And now, give thanks for protection and know that all we do is blessed by the Highest Holy One, Our Creator.

Before we go deeply into meditation, let's think of the general information we've already been given – what we've learned about Angels; the great varieties which are available. There are as many kinds of angels as there are needs.

Remember that they are Universal, have no class distinction, are available to all of us. Then realize once more how much they desire to have us help them do their work so they may reach out more and more. Think of the vast reservoir of Life Sources which are available, such as Color, Music and Perfume for these are integral parts of each one of us.

Give thanks for the learnings mentioned here and those things which have come to us while we have been studying and for the many items now being brought to our attention.

Give thanks for the Great Ones who are willing to stand at the head of the vast masses who have chosen to follow them . . . led by Buddha, Mohammed or Jesus the Christ among others Think of their love for us and patience with us as we grow individually.

Now we are prepared to go into our meditational time where we become willing to learn of the special work we can do as an expressible spark of that Universal Mind from which everything has sprung.

We become still and let our willingness flow through us, knowing that to turn our personal will over to Divine Will is the epitome of rightness We are tenderly touched, starting at the crown of the head which relaxes and lets go of tension. Our eyelids gently close and our ears relax, shutting out the outer world. We become aware of the things we can see and hear only in the Spirit.

The Desire and Will centers of our foreheads are gentled, yet they are allowed to focus into becoming the third eye, the Brow Chakra, where the self is lost in the great whole.

Our nose becomes alert, intuitive, and the tiny chakra at its base lets us become aware of all the nuances of Spirit that are there for us. We become tuned to the angelic sounds . . . the music, the voice of the angels, the thundering of God's power.

Let the throat become supple, yet permit it to vibrate and be sensitive enough to swallow the Truth of Universal Oneness. Our shoulders drop so they carry no burden. They are easy and yet hold us erect and our Inner knows we stand like a balanced five-pointed star with our feet on the ground, our arms outstretched as balance beams and our head in the stars for purity of purpose.

Our arms and hands drop, calm, yet alive to receive the Holy Spirit and pass it on, thus establishing a link with everyone and everything . . . with this great Spirit that whirls in the cosmos for us to tap into with sincerity and vigor. Our breath becomes easy and light, filled with Spirit . . . that holiness which is all about us. Our diaphragm relaxes and becomes a Wisdom Center where the Mind of our Creator can shine forth. The spleen becomes serene as Divine Order is established in our organs and healing can be ours.

As this occurs, our organs are aligned in proper proportion and are in their right space.

That which is too large or too small is made normal. Know that the Lord God is here and healing is here and we are here!

Go on to the sitting and stepping muscles, let them be vibrant so that we rest or step forth and walk easily from our hips. Let this strand of relaxation go on to our knees and the calves of our legs. There is no tension in those places except the tension of expectancy to stride forth, imbued with Holiness.

Let our feet be so free that there is nothing within us but Spirit; the soles of our feet (the receptive area of us) are ready. We are walking in Light, following our own special path.

We are whole; we are pure; we are healed; we are serving; we are God Stuff...

Universal God Stuff... Eternal God Stuff. Breathe this belief in. Let it emanate out. We are the Light of the World, the Ethers, the Cosmos.

From this day forth, we are Spirit . . . balanced, walking on the earth with our head in the stars . . . aligned . . . in tune . . . created by Universal Mind. We are whole. We are holy. We are pure. We know that Creation made all things good and we evidence and express this.

We give great thanks that this is so.

We were advised to protect fully as we went into deep meditation to prepare ourselves to learn techniques from Creative Source. Let us add to that protection the request that our personality light may be softened and our words and deeds tempered to the point that everything we shall be involved in during this wonderful time may be acceptable to those with whom we work. Thus garbed, we are ready to venture forth.

For most of us this is new ground to traverse. If these lessons have been written down in book form, I am unaware of it.

When I learned of them in the 1960's, it was with the understanding that the teachings would be given out only on a one by one verbal basis. The world, however, has advanced a great deal spiritually since that time. In many instances Angels have become household words. Spiritual experiences are more easily discussed. There is now a conviction that it is all right to share these lessons with you. As a matter of fact, as I look at my source material, I read, "Broadcasting Stations, Temples, Corridors may be talked about to those who understand, but be wise and discreet. People are stronger now, but be wise and ask and you will know." I have

asked and I do feel that a solid enough foundation has been laid and that we are ready to learn and practice what we've been taught.

Become grounded now – actually stamp your feet on the floor or the earth so that you are well based. Lift your eyes upward for divine inspiration. Extend your arms outward to balance the whole of you.

REJOICE!

YOU ARE NOW ON THE THRESHOLD OF LEARNING AGE-OLD TECHNIQUES WHICH HAVE BEEN CAREFULLY PROTECTED UNTIL THE TIME WAS RIGHT FOR THEM TO BE BROUGHT FORTH.

NOW IS THE TIME!

WE GIVE THANKS!!!

Chapter 13

Learn to Send a Corridor

If you only learn that to say, "Send a Corridor" (a portion of spiritual substance which can be sent anywhere at a moment's command) when there is a great loss of life and know that the people will be cared for in an acceptable way, that alone would be a satisfactory gift to our Angelic World and our Creative Source.

How much better then to have the opportunity to find out not only what a Corridor is, what it looks like, how important the action is on a universal scale but to realize that we have been used to work with the Master Builders who are cosmic-minded beings. Can it get much better?

LET'S LEARN TOGETHER!

Until the year 1951, during the Korean War when so many of the Armed Forces, as well as civilians of many countries were dying each day, the Master Builders took care of Corridor Work on the Inner Plane.

At that time the inner circle of the Christ Ministry Foundation, formerly based in Oakland, California was considered humble enough and well enough trained in Cosmic Work that they were honored by the Master Builders and allowed to bring Corridors forth on the Outer plane.

Not that the Corridors can be seen by the ordinary eye. Like the Etheric Broadcasting System which is also part of the great mystical store of knowledge now being made public, persons who are gifted with extrasensory sight may observe the actual matrix, but it should be freely used, sight unseen, by all of us who are interested in helping our universe.

Corridor work is impersonal and should be used frequently to care of large numbers of souls who are shocked out of the body in an accident, whether by fire, water, earthquake, plane or train crash or any other force. The being isn't unconscious although the body is inert. At that very moment each one realizes he or she is in a crisis.

We are challenged right now to send a Corridor to everyone involved just as fast as we hear of a tragedy, no matter how we gain the knowledge. Phone call – newspaper – TV announcement – word to word – radio – the means doesn't matter. Either verbally or mentally, at the moment of learning of the need, use the words, "Send a Corridor to (here insert the point of need)." As soon as we ask, we accept that we've been heard and the helpers are with the victims and give thanks for the work which is being done.

As we send the Corridor, just that rapidly the one involved knows that there is no need for fear or concern. The first recognition of danger is followed swiftly by the solution.

If the calamity is at sea, the Corridor immediately appears as a lifeboat. Someone whom the victim accepts as friendly and helpful... completely recognizable... reaches out to assist. If the one being rescued is religious, that one sees an angel picking him or her up.

Corridors are beautiful. They're large and lofty, filled with flowers, music, perfume and the sound of the birds and the ripple of brooks. They're built with love so that the dear ones who go over find nothing strange. The same kind of vegetation and flowers similar to that known by each individual is seen. Birds are familiar. Animals are native to their locality.

The large Corridor built in Korea is a permanent matrix of unseen spiritual substance, a portion of which can be sent anywhere at a moment's directive. There isn't an active war in that area at the moment but the largest Corridor will stay there. There are three mobile corridors also available in a second of time. These are smaller for lesser groups. By the time the words, "Send a Corridor to _____," are said, one is already in place.

The largest one is like a reservoir of power. Instead of calling upon the Master Builders for help which happened prior to 1950, one can always request and receive enough of the matrix to build another temporary Corridor.

The main structure is built to be used on this earth as long as it is needed. It is a central point from which these Rescue Places can be created. The work of the Master Builders is on many planes and many planets. The matrix built on this earth is made so that when there is a need, it is met.

The other three Corridors aren't as large as the main one and they take care of smaller groups. They are in varied parts of the world, since they go where needed and stay there until another call comes for their work. They are instantly available. The decision lies in the size of the group.

This is an impersonal work which may be used frequently. Think at this moment of the tragedies about which you have recently heard. Under the protection which we have donned, all we need to say about any situation is "Send a Corridor to _____." We then give thanks and know all is well.

A yogi said that a good many years back during his training time, he was sitting in the lotus position on the shore of the Mendocino Coast in northern California. Far out at sea, he saw a great golden Corridor open and receive women and children in countless numbers. The next morning he read of the massacre which occurred at Khmer Rouge in Cambodia when those he saw were slain. "The Corridors you speak of are real," he said to me. "I've seen them at work."

Actually, all that is being written in this book is real, having been experienced by one or another of the sensitive souls who have tuned into needs, large and small; helped individuals or groups find their purpose, get comfort, learn how to pass on knowledge, be healed or find their own field of service.

We need a sense of awareness and a dedication to serve in this field. Any talent neglected falls into disrepair. Our cosmic growth takes place when we grasp each chance to help our fellow man, whether on the outer plane or the inner one.

We should bless this work with our prayers, filling the matrix with love, faith, joy, health, thanksgiving, life, light, beauty and gratitude. This is done by entering into the Stillness and pouring forth from our heart chakra the emotions listed.

Corridor work is easily accomplished, undemanding emotionally and gratefully received and appreciated. At the time of the rescue, the soul becomes drowsy. It feels sure that everything is all right but that rest is needed.

When it awakens, the transition to the Inner Plane of life is accomplished. The soldier on the battlefield feels himself/herself walking with compatriots. There is calmness and peace.

Everything is prepared and the person believes the company has been moved. The exodus is quiet and peaceful so when the soul awakens there will be no fright. If the awakening comes after a fire the being may wake up momentarily frightened but the firemen were there before sleep came and there is an awareness that all is well.

Those in the Temple of Science know all about Rescue Work. Rescue is a science. In that Temple is a department that teaches Rescue Work. Actually, many people are qualified for Rescue Work who aren't very spiritual. They soon begin to see and understand the spiritual aspect, however, as they do the work, for the more we learn, the more we are in awe of the greatness, the mercy and glory of the Creator. Loving mercy and forgiveness become a way of being.

Those who have been trained to do this work have embraced the wakening soul. The new birth is complete. We have now learned to use this tool. Give thanks once more for that which has become real to us and appreciate our willingness to serve.

Chapter 14

The Triune Ray

In Chapter 8, we studied the Etheric Rays. Now we are ready to find out in detail about another potent one. The Triune Ray is of the Cosmos – a Cosmic ray – composed of the emanations of the three high Beings, the Arch-Angels Michael, Gabriel and Azrael. This combination represents the qualities of Light, Love and Life evidenced as white, blue and gold.

When these three are whirred into one, the power must always be tempered to the ability of the persons who use it as well as to the capacity of the ones who receive it. THE VIBRATIONS ARE SIMPLY TOO POWERFUL UNLESS THIS IS DONE!

After you have prepared yourself by prayers of protection as you do before any spiritual work, simply add the words, "Let my words and deeds, when using the Triune Ray, be tempered to what is satisfactory for me to use. Also, let the power of the Triune Ray be tempered to what is acceptable to the recipient of the ray. I give thanks that this is so."

One of the great laws of the Spirit is that our humanness shall be sublimated to that of the Great Divine, our Creator, whether we would choose to serve another or that we would be the best person possible. Either (although they often become one) is easily accomplished by turning our personal will over to Divine Will by believing, "I will to will the Will of God."

Think for a moment as to how much more wonderful and pleasing the Will of our Creator is in any and every situation. Our personal will is frequently tainted with bits of envy, selfishness, even jealousy. It isn't that our personal will is never good but that Divine Will is always better.

The quotation, "I will to will the Will of God," becomes a part of our conversation with ourselves. We say it over and over until we glory in the thought of the results. This creates the necessary atmosphere for us to turn the energy of The Triune Ray – the mightiness of the three powerful Angels combined – to work in our own affairs.

When we reach this point, there can be a joy unknown before for all of us as we use this gift, tempered and grounded to what is right for us. We'll have a self-mastery and attunement with our Creator that is beautifully balanced.

Along with the Triune Ray, other angels such as Angels of Comfort, of Healing, of Beauty and Balance, as well as the Color Ray Workers, will assist us as they also have the qualities necessary to work on the Cosmic plane.

Become still a moment.

Test the stretch of spiritual knowledge within.

Is our spiritual energy to the point that there is an urge to share with another? To listen to them? Offer help if it seems right? Be willing to like the unlikable?

Does the last one seem out of reach?

Why?

If we're after Divine Will, dare we dislike others? If we do, doesn't that permit them to send unkind thoughts to us?

No! No! We must not want that for at some level we realize we are part of each other! We go back to "I will to will the Will of the Divine" – and we truly do!

And we feel wonderful. Stimulated, in fact, to the point that we're eager to use these cosmic rays and are anxious to let ourselves be overwhelmed by the right mixture of Heavenly Beings and we bathe in the glory until our hearts beat in synchronization with that of the Universe.

AND WE GIVE THANKS.

Sweetly in tune, we offer ourselves as focal points for this power to go through that the work of the High Holy Ones may go out and out and out, gently blessing those who come to mind, tempered to what is right for them as the streams of Love, Life and Light, Color, Healing,

Beauty and Balance, Comfort, fill the area, the world, the Universe, the Cosmos. We know within that we are in tune with our Divine Purpose and we rejoice!

We accept that we may use the Triune Ray anywhere with impunity after it is tempered. We may send the Love, Life and Light of God, of Universal Mind as a triumverate of High Angels to anyone, because we have lowered the power to the ratio which is acceptable.

Because we no longer have a personal pitch in the results, we may become quiet and allow those whom God would have us serve come to our minds. This we do.

Accept the feeling of warmth that glows within.

WE ARE SERVERS!

The more we bless others, the more we also partake of the uplifting, healing, freeing power of the Divine which flows through us. We become like a meandering stream which is scoured of debris by the Spring spate from the melted winter snows. We are clear, full of energy, spread out, serving!

The Triune Ray stands ready for us to call upon for any good purpose. Ready, yes, even eager; grateful for the opportunity to heal, bless and widen its horizons as ours also stretch.

The Ray awaits only the spoken word to release it so we may use it freely. Used upon ourselves, it will help us solve many problems in our everyday life and raise our spirits if we feel out of rhythm, discouraged or discontent.

We give thanks once again for our receiving and giving for as we appreciate the first, the latter is increased.

Chapter 15

The Triune Ray as a Cosmic Cleansing Agent

This same Triune Ray is used to "cleanse" homes, dwellings, places of business, meeting houses, museums and stores where antiques and curios, as well as objects of art and precious stones, are sold or used as decorations.

We have looked at it as a healing agent and it is without peer in this field but it is equally effective as a Cosmic Cleansing Agent. This Cosmic Ray, combining the power of three of the most powerful Angelic Beings, is truly a mystical revelation which enlarges the scope of our activities into a new realm of expression. Its capacities are nearly limitless. Although the ensuing pages give directions for its use in "cleansing' various buildings, whenever you are faced with a dilemma which seems insurmountable, ask the Triune Ray to enter your sphere of action. When it is a part of your space, request it to be a helper in your desperate need and accept its help.

Its role as a "Cleanser" in the scientific/spiritual sense doesn't mean to use soap and water to wash down the walls nor need the carpets be swept. The "word" is used to remove all vibrations and oscillations or fluctuations of former owners or occupants, even original planners and builders and the materials used in building.

Everything from the boards, concrete or steel of the siding to the shingles of the roof, from the watch on the owner's wrist to the pictures on the wall; even the clothing in the closets need cleansing for all of these have their own rate of vibration which needs to be blended into the harmonious whole. When this takes place, there will be peace in the dwelling or place of business and the lives of those involved.

The cosmic work of the Triune Ray and the Angelic Helpers can bring all of this into evidence. We have learned the technique for working with persons using this tool. The same general pattern is followed now:

- 1) Protect one's self and the area in which the work will be done.
- 2) Ask that the power for The Triune Ray and its helpers be tenderly tempered to what is right for us and the area in which we'll work.

3) Invite in the power of The Triune Ray and the helpers who work with buildings from residential to commercial. Among these will be the "Ministering Angels." This is a special group who are particularly adept at finding things which are hidden in corners and out of the range of The Triune Ray. The Scientists of the Heavens are also asked to come. Their specialty is any malodorous areas where unpleasant memories have gathered until their mass has become a hazard.

The Elementals are also invited. This group are "small ones" who tend the Earth, Air, Fire and Water. They do this work but aren't as fully developed as we are so they must be cared for by their particular Nature Angels to keep them out of mischief. The challenge this group has isn't their fault, but ours. They watch us set fires in the forest which they try to keep healthy. We pave the earth so there are fewer flowers. Chemicals kill the "little ones" when they try to tend the soil and pollutants fill in air around them as well as us.

They become so discouraged by the way we treat the ethers and the earth and water that they cause trouble for us instead of doing their job. They need to be cared for themselves, but still we must call them in for we need them in this cleansing!

We should also invite in the Angels of Buildings; of Beauty and Balance and of Color. Also the Scouts, who search out hidden debris.

All these helpers and any assistance we receive come from Universal Mind. The selfless angelic beings who are emissaries from a higher realm share a spark of the Divine with us. We can work harmoniously with them because of it. We aren't twin souls but in the pattern of Truth, we are each other! We work together, eager and willing to get the necessary job done, no matter how small or large it may be.

The Heavenly Beings whom we mention as helpers have the Creator's authority to assist. If we ignore them as we work, they feel the same as we would if we had a vast amount of knowledge of the earthly plane which we were anxious to share and were bypassed.

Can't we almost pick up on how overlooked and sad we would feel? We don't want our angel friends to feel that way, do we?

To prepare for the work of cleansing homes or buildings, we take that necessary first step and ask that we be protected. In this particular instance, make sure that there is a request that our auras be cleansed of everything but the pure white light of the High Holy One. This guarantees that we allow the Will of the Divine Creator to be in charge all of the way.

We are to write down the name of every room to be cleansed in its proper sequence or draw a diagram of the building. Include the attic, basement, every closet and cupboard. Be sure to take into account all other adjacent structures such as the garage, barns, sheds, even filter beds and wells if any existed at one time.

Have a clear picture of the electrical wiring in your mind. Mentally check the phone connections and outlets, any gas lines, water pipes and sewerage. Think deeply to see if there may be some hiding places where unkind thoughts and happenings may be gathered. It is a spiritual fact that every word we speak and thought we think are out in the atmosphere and can be easily bumped into unless we have recognized our faults and asked that they be removed.

When we fail to do this, a residue of negative thoughts and intentions can gather power in hidden places which we miss when we do physical cleaning. These clutches are called "strongholds of evil." They are powerless if we turn toward the Universal Mind which made us all, and know that irrespective of color, class, financial situation or path of religion, we are one. Without this oneness, the residual evil can gather strength and cling to those already in existence.

To illustrate: Our daily paper recently carried the story of a police dog and his modus operandi for finding someone who was fleeing in terror from the law. There was an emotional reaction which expressed as fear through the dead flakes of skin which fleck off the person who runs. It is this emotion which the dog smells and pursues.

If the being isn't caught, the area where he or she hides gathers many of these cells. When someone else happens along, runs into the evil, any kind of effect could happen. If there were a tendency to follow an unacceptable path, the extra cells could lead that one further astray. If the one nearby is ill, infection might take place.

These areas need to be cleansed with the power of the Triune Ray, assisted by those specialists in attendance.

Homes, in turn, need to be cleansed of emotional confusion which can be left there by former owners or tenants. These situations need to be recognized.

To illustrate: A weekend seminar was being put on to an "invitation only" group. Three who were involved knew that a schizophrenic young man had lived there. To clear the area, the power of the Triune Ray was stepped down into useable proportions. Three candles were lit, representing the Arch-Angels Michael, Gabriel and Azrael, the Angles of Light, Love and Life. The colors as mentioned before were white, blue and gold. Each of the three carried a taper and went from the attic to the abasement, following the formula to be presented.

The seminar was a real success! Surely the Triune Ray work was a factor. We have spoken of "on site" situations but it may also be approached from a mental angle.

For this to take place, select a time when there will be no interruption. Make sure protection takes place by wrapping the Wall of Flame around the participants, making sure that auras are cleansed and sealed against any outside influences and that the Armor of Light is donned. Lest any challenging forces may approach, ask for the help of the "Compass Angels" to be placed at the North, South, East and West. These beings have flaming swords which they swing around us and nothing but good can get past them.

Invite in the three great angels of the Triune Ray and the Hosts of Heaven to assist, especially those who work with "cleansing." Ask that all work be channeled through us so that it may be done in the service of the Mightiest of All.

We mentally visualize entering the house or building by the front entrance, metaphorically carrying the flaming Light of the Triune Ray in our hand. If there are steps and a porch, we pour this light over and under them. As we approach each area to be cleansed, we say, "In the Name and through Power of the Highest of High, we pour this Triune Ray all over, under and around the: (here name all parts of the home, including plumbing, wiring, fireplaces, wall plugs, closets and cupboards and obviously seen floors, walls, ceilings, and furniture)."

Flood the light over, under and through every piece of unusual articles present, such as antiques, which will need special attention, as memories of former owners are attached.

Include all dark corners, unusual storage places, between walls or under staircases including the attic and basement, wiring, insulation and telephone wires.

After the entire area has been cleansed, we ask Creative Source if there are any "strongholds" which haven't been cleared. These are referred to as "thought forms" in the book of that name by Annie Besant and W. W. Leadbeater, pioneer metaphysicians and Theosophists. Our thoughts of all kinds assume solid forms on the Inner Plane and, unless troublesome ideas are counteracted by a definite change of thought or greater "good" thoughts, they may be met by our own ideas and influenced by them. Unkind thoughts can become a center of wrong doing in a house or building and cause duress for those who come near the area.

Bring the power into play where guided. When the work seems to be finished, ask: "Is there anything left out?" If no further directions come through, give thanks that the work is done.

As we give verbal thanks, we realize that we have used another power center – the voice box – for when we think and speak, we tap into all knowledge of God. Our voice puts the essence into action, into visibility. It becomes real. We are speaking God into reality.

The Triune Ray and its helpers are as strong as the power we give to the combination. We remember this and put as much tempered energy into action as is feasible.

We know that the work is finished.

With this we are now masters of one of the most powerful tools disclosed to man by Universal Mind. We are to use it wisely while still guarding ourselves and others from being overpowered by its potency. We are serene in the faith that we will always use just the perfect proportion of any gift with which we are blessed.

The qualities of beauty and balance, the prayers of protection, the invitation to the angelic world to help, all of these things make this marvel a wonderful adjunct to our heavenly work.

THE GIFT OF THANKS

may now be sent to those who have assisted us. This is our final necessity. We pay homage to Universal Mind of which we are a spark and to the Triune Ray and all others who have helped. We glow within as the feeling of being blessed overwhelms us.

At the same time we may become aware of a special Being approaching to thank us in appreciation of the time and energy we invested to learn the cleansing technique.

As this is written, the Leader of the Color Rays Workers comes near me, filling all the space with his power! He expresses a personal thank you for the work which has been done and will continue as well as appreciation for this writing.

In like manner, each of us as individuals or as part of a group who work with the techniques described to meet and overcome the many challenges of life may become aware of one or more angelic visitors. A Master of the Higher Realm may drop in; perhaps a tiny Elemental may tease you a bit to let you know it is around. A color may float before your eyes. A feeling of warmth might flow through you.

Nevertheless:

The feeling of contentment is enough.

There need not be an overt symbol.

Our thanksgiving expresses the ALL.

Chapter 16

The Healing Technique of Cleansing Spinal Doors

As we have read, experimented with and experienced many different learnings, 'glowings,' healings and sharings together, we are realizing that we are intertwined physically, mentally, spiritually and psychically with each other and with the great Universal Mind from which we are all created.

It is our overwhelming joy now to learn another lesson which is as old as Creation. As far as I know, this teaching has never been written down except in a very minor way with little exposure.

In Chapter 2, we found out a bit about our bodies which may have been new to some of us – the discovery of our auras and charkas which are intimately part of us. In that same chapter we read for the first time a bit about the Mystery teaching of the three psychic doors found on our spinal column. At this time we are being challenged to learn of them at such a deep level that we shall be able to use and share the technique. In that chapter we read, "Cleansing of the spinal doors in still a little known technique which we will learn about later."

NOW IS THE 'LATER'!

NOW is also the time to realize that the early directions mentioned which tell us the work on the Spinal Doors and the other Mystery teachings are to be given 'person to person' and shared only with teachers is indeed being handled in just that way.

As we have shared together, has it not seemed so intensely personal that there is just one who speaks and another who answers? Does it not seem true that just as each of us is being taught, just so we become a teacher? Are we not filled with the urge to share the knowledge, the teachings, one on one, and that this is quickly followed by a desire that the cycle shall then go on and on and on?

It is not instinctive by now to remember that before we learn anything else we must use the PRAYERS OF PROTECTION so that we are secure as we proceed? Surely, then, we shall ask of Universal Mind: How will you teach me next? Who will come in from the heavenlies to guide us into the techniques? How shall our answer come? Would it not be through the wonderful channel of thanksgiving?

Let us do that right now.

Aloud or silently, say or think: "CREATIVE SOURCE, TEACHER OF ALL,
THANK YOU FOR THE KNOWINGS WHICH YOU WILL SHARE WITH US NOW.
WE LISTEN. WE TRUST.

WE WILL KNOW!!"

AMEN

First, we must trust that the teachers who have come before us to tell of these three psychic centers carry words of Truth. From Page 1 of this book where we learned that the Angel Azrael is the Angel of Life and the Angel of Harvest on to the guidance which we receive even as we read, we have taken as Truth the outpourings over many years to the "Inner Seven" of the Christ Ministry Foundation and those of us who continue to listen and to use and to benefit.

The messages about the three spinal doors were received in the late 1950's and early 1960's. I explained earlier how it happened that I was allowed to be part of a trio to work on Wayne when he had told me he, "had a monkey on his back." This is another evidence that all these things are intertwined, since it was in relation to the miracle with my car that I spoke of the work.

Let this bring us to Rule 1 for work with spinal doors: **There must be a request that the work be done from the person involved.** Wayne's words, "Genevah, I've got a monkey on my back. I need help," were a plea of great proportion from this quiet-spoken man. I carried the request to the best channel I knew. The exceptions to this rule are if the one concerned is too young, in which case the parent or guardian stands in lieu of the child to ask, or if the patient is too ill to make his/her own request, in which case someone very close should seek help from the spiritual worker, just as the one in need would be taken to the doctor.

Rule 2: There must be a sincerity – a willingness to receive – an acceptance – a desire to call the results GOOD. Many people go from person to person, 'healer' to 'healer,' always asking the same questions, testing one worker against another. This work must not be done as a demonstration of skill nor for the phenomenon itself but only that a need be filled and that the patient shall let God do the healing! The Creator alone is the 'healer.' We are only channels for the work to be done through.

Rule 3: Confirm once again that the prayers of protection are in place. Everyone must be surrounded with the Living Wall of Flame; the auras must be cleansed and sealed; the Armor of Light donned. To attempt this work without these guards would be like stepping out into an Arctic ice storm minus any clothes or starting across Death Valley without a canteen or thermos of water.

Rule 4: If at all possible, the one concerned should not be present. Surgeons have an anesthesiologist to sedate the patient so they lose consciousness. We call the Inner need of the patient into visibility without being accompanied by body.

Rule 5: It is better not to do this work alone. Three kindred souls is a very good number. Three forms a triangle which is important and can represent the points of the Triune Ray which are Love, Life, and Light. Four persons may also work together, especially if there are two males and two females which gives balance. There should be an equal dedication among all present to fulfill the spiritual law of service.

Rule 6: Again give thanks that we shall be guided in perfect Divine Order. This Divine Order includes asking those helpers to join us who are right for the particular case. First, our own guardian angel and guardian angel of the one for whom we're working are invited. Next we ask that the five special angels who do this type of work shall join us. These are: the Arch-Angel Michael, Angels Gabriel, Azrael, Raphael (the high angel of healing) and Uriel who brings warmth, enthusiasm and vitality to all.

Next we ask that all the angelic ones who would like to work on the particular person being treated may enter. The trio or quartet of persons of us who are involved in this case are indeed high souls or we never would have come this far. Surely one of us recognizes that we have the gift of sight and can recognize the particular angels who attend the patient. Also, there probably is one of us who has the gift of knowing. This individual need not "see" the angelic beings. There is an instinctive "knowing" which almost without fail will confirm what the seer has seen.

Others who should always be invited in for this solemn work include the Master Souls and the Healers from the Holy Grail which is the largest Temple of Healing in the Inner Plane. The Color Ray Workers must also always be part of the group.

We haven't previously mentioned the ones whom we include now. They are the White Indians, the Scouts and the Scientists of the Heavens. These last three groups are specialists in their own fields of expertise and only work when they see their special skills are needed. They use their own discretion as to whether or not to participate. At this time we are ready to help the one who has requested our aid. We call the full name of the patient and ask him/her to come into visibility, thus, "In the power of the Holy Mind, come forth clearly so we may see you." At this request, the one we have called should appear as on a movie screen before those in the group who have extended vision or the presence should be felt if no one is able to "see."

If the one we are to treat doesn't appear, then we repeat the request and tell him/her that we are friends and wish to help.

If the individual still hasn't shown himself/herself we say, firmly, "If anyone is holding this soul back, you are to release him/her instantly so that he/she may come forth and be blessed!"

Generally at the third call, if there is fear within the one needing help, or if he/she is held back by another, our insistence breaks the pattern and the being appears.

As you know, we are working on the Spinal Doors, so we ask that the person turn to show us the spine. There are three psychic doors where we are privileged to work. Enclosed within the space behind the doors are the thoughts, desires and challenges which are both a history of our growth or lack of it and an indication of the special needs which need fixing.

The debris in each door which needs cleaning comes from mistakes made in lives. There are also other confusions and challenges not naturally the patient's but put in by thoughts and

actions from other sources. These have the opportunity to enter spinal doors under several situations.

Spinal doors fly open when the person is involved in any kind of accident. An anesthetic, as small as for filling a tooth or as large as for a serious physical operation, also affects them. Violent emotions such as excessive fears or deep hatred, dangerous drugs taken for excitement or in mismanagement or our medicines, all of these will make the doors fly apart.

The doors will slowly close of their own free will over a period of time. Failing to have them cleansed and blessed and closed has two negative effects. The first is the time element involved. In that space, more things can get inside. The second is that no cleansing takes place. What was wrong in the door is still there and more is added.

The first door is at the nape of the neck and is called the Spiritual Door. Obviously there is a need in this door, one of the others or all three or we wouldn't have been asked to work. We ask that it (the first or Spiritual Door) be opened and we call upon our holy skills as given to us by Creative Source to claim that the work is done.

When we are able to discern what needs help we ask the right workers to help. Ask the guardian angel to be on guard lest something extraordinary may get past our watchful eyes.

The Triune Ray, tempered to what is right for the recipient, can be asked to clean the atmosphere. Send this Ray into every corner and through all the areas so that the dear one may receive that which is desired – a deepening of spiritual discernment.

Give permission to the other angels who are present to add what they feel is necessary. Let the important quintet pour their vital essences into the Spiritual Door. This means that the Arch-Angel Michael gives the brilliance of Holy Light and intelligence to the patient, tempered to what is right for him/her. He also adds power for the recipient to use all the treasure which is poured into him/her.

The Angel Gabriel pours the gift of Love, deep, warm but impersonal Holy Love over all the atmosphere within the Spiritual Door. The Angel Azrael adds the sparkle of Life and its energy. The Angel Raphael extends his healing touch until the area glows with wholeness while

the Angel Uriel makes that healing even more vibrant with the quality of enthusiasm and joy that pours forth from him.

Give thanks that a deepening of spiritual discernment and wholeness indwells the one for whom we work. Recognize that all is sparkling clean and filled with the necessary attributes. Have the Color Ray Workers fill the area as necessary for the patient to understand clearly the teachings along their own spiritual line. The colors may cover the whole rainbow or be only a few. We allow this choice to the Workers for their choice is impeccable. They have a more intimate overview.

This top door affects the eyes, ears, nose and throat as well as the spiritual growth so we know these organs have been touched with blessings as the work has progressed.

Now very gently and tenderly pour the forgiving love of the highest Spiritual Being into this upper door. Make the holy sign of our particular belief as we say, "This spiritual door is now closed and sealed with the sign of High Holiness. The triangle of Love, Life and Light is in place. The door is cleansed and finished. All negation has been removed.

At this point all things which have been removed from the one upon we work shall be sent back to those who placed the onus so that the evil may be changed to good by the ones who are responsible. We, ourselves, aren't the doers but are merely the channel through which the healing occurs. We carry no responsibility for the results. Our Creator is the ultimate Source of the work. We give thanks to all who have helped with the work, whether by their presence itself, or through active participation.

* * * * * * *

The middle or Mental Door is treated next. We ask that it be opened in the same procedure used for the Spiritual Door. Here the intellect as well as the heart and lungs are affected. The emotional stability is at stake so this is a most important opening.

The person who has extended vision looks closely to see what needs to be removed or added. When anyone is too burdened mentally which frequently happens, the door is often full of

red and black streaks or darts. If no one has the gift of seeing or knowing, then the glory of the work is that the spoken word can be used and given full authority for the process to go forward.

The mind reflects the feelings since the thinking of the person being treated puts the challenges there, either by their own emotional disturbance or that of another which has been accepted. Sometimes a whoosh of hot air flashes out of this door, the stress is so intense.

We can be privileged to become aware of our own needs as we allow the process of cleansing and closing these three doors to take place for this is a learning time rather than an actual working time. When this happens, remember that at this moment we are being taught a "HOW TO" which can be an invaluable tool for us.

If we realize that we have allowed our thinking and reactions to other people's words and actions to confuse us, or may have interpreted the words of others in a negative way, this is our opportunity to discover that we're a prime candidate for a spinal cleansing.

We check ourselves out now. What we think and feel reflects in us. Headaches, fears, withdrawals, are all troubles in the mental door. The same rules apply whether we're checking ourselves or the one on whom we've been metaphorically working.

Go through the same process as used in the cleansing of the Spiritual Door.

Remember we are to use the prayers of protection for ourselves and the one receiving treatment. Call in the guardian angels. Activate the Triune Ray, ask the angels who are interested in working with this particular psychic door. Refer to the preface of the work on the Spiritual Door and replicate it for this mental one.

See that the Triune Ray is tenderly tempered to what is right for the situation and send its powerful cleansing and healing force through this vital door.

All things which don't belong to our patient should be removed and returned to the owners to be worked out so that the evil may be changed to good by those who are responsible. Ask the Arch-Angel Michael to keep anything from returning to the one upon whom we work.

These heavenly beings who are acquainted with further needs use their gifts until the door loses all patterns of confusion and can be filled with beauty and peace of mind.

Again, acceptance of the healing should be acknowledged and thanksgiving extended to the helpers. Then the door is tenderly closed with the same words given for the Spiritual Door and we truly rejoice for this since the mental disturbances are such heavy burdens.

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The psychic opening at the base of the spine or the Physical Door is our last piece of work. Often the burdens of the Spirit and the mind affect the physical. In like manner, when there is great pain in the body, the mind and Spirit suffer. We are separate and yet one.

As usual, we protect and ask that this door be opened and treated as the others were. Sometimes there is a blast of fetid air which greets the workers. To overcome this, ask that a great freeing wind sweeps everything before it and all trouble is removed. Go through the pattern already established until the door is clean and clear. Then very gently and tenderly we pour the oil of forgiving love of our highest Holy One into the physical door which is healed, closed and sealed.

In general information: a spinal treatment is only given to those who are still in the flesh body. A skillful cleansing can be helpful for life in general. Many physical diseases are caused by the doors never having been cleansed and purified and closed. When this occurs, additional negation enters the body through the doors. It piles up with more disease in the body as a result. Sometimes so much so that insanity may result.

An illustration: A young man had been in and out of mental institutions most of his life. We were asked for help by his mother. After checking the case, my husband queried the mother as to whether her son had ever had an injury to his head. She remembered that he had fallen when he was young.

The young man was in a locked mental facility at that time. As though he were with us in the flesh, my husband lanced the growth he viewed psychically at the base of the brain. Nearly a cup full of putrid waste poured out.

Within two weeks the young man was whole, mentally and physically. He left the institution, never to return.

Sometimes the workers may symbolically see knives buried to the hilt in the spine. This is often caused by hateful, vicious, violent or envious thoughts sent by another. We say, "In the Name of Universal Mind, every knife is very gently and tenderly withdrawn from the spine of the dear one. Each knife must return to the one who threw it so that their thoughts have the opportunity to be made rightfully whole."

Other times we may see a serpent whose head will be at the top of the person's spinal column with the tail at the bottom. It will be intertwined around the vertebrae. That person will have a great deal of trouble on the sex plane for the snake is a symbol of this challenge. It is removed by exactingly cutting the serpent into pieces, each of which is removed and sent back to the originator for redemption.

We have learned how to treat this door. Now that it is cleansed, let healing oils and a sense of well-being be poured into the Physical Door which is then closed and sealed as were the first two. Once again, those who helped are thanked and we express our gratitude for being a channel for the Creator's Good Will to be done.

After the three doors are completed, the aura is treated. We say, "Let the Love, Life and Light of the Holy Trinity pour through this one's aura." We add, "All that is unholy and impure which has been superimposed on this one is now completely and absolutely removed from this aura. It is now filled to overflowing with the outward expression of holy Love, Life and Light."

Next we bless the mind of the person, both the conscious and subconscious. We call this a "Well of Memories" and it applies to this incarnation as well as past ones. We first pour the great Triune Ray into the thinking part and then ask Universal Mind to transmute all negativity and unhappy memories into happy thoughts, positive thoughts, healthy and God-like thoughts. We give thanks that this mind is now filled with joy, love and light.

Next, if there has been a physical illness, as well as the condition for which the Spinal treatment was given, we mention each part of the body, starting at the head. We pour the Triune

Ray gently and tenderly tempered through every cell, atom, organ, and drop of blood, sending it out into the circumstances of the patient. We give thanks that this is done.

After Spinal treatments are over it is good to give additional protection to the recipient. We ask the Holy Creator to give his/her Guardian Angel greater power to protect him/her on all planes of being. We call on the Compass Angels and say, "Be at the North, South, East and West of this dear one." These angels are armed, carrying the flaming Sword of the Spirit which they swing to guard us. We ask for guidance and protection that he or she may walk the lighted path and thus fulfill his/her destiny according to the Will of God.

We ask that when this soul is sleeping, the Healers from the Holy Grail shall come and lay their healing hands upon him/her. We again give thanks that this phase is fulfilled in the Name of Our Creator.

AFTER TREATMENT

FOR THE PATIENT

If the person who has been treated with the cleansing of the Spinal Doors and the treatment for any ills were treated in a hospital, there would be time allowed for recovery of the patient, both there and at home.

In like manner, there must be time allowed for the work performed from Creative Source to become a part of the inner and outer person. Two things are imperative – 1) time to allow the wonderment to become part of the person's "whole" through rest and acceptance. 2) There must be an extra intake of fluids, especially water, to flush away that part which needs to be gone from the patient.

We lovingly stress the importance of these imperatives.

Now we take care of our own endings of the work accomplished. After such an intense piece of work has been done, we also must relax. We shake the hands loosely to rid ourselves of the aura of the patient.

Next we wash our hands in cool water to cut the nearness of the one who has been helped. We need to get away for a while and breathe deeply of fresh air.

Know that we have been used of God

As a wonderful channel for the Creator's

Marvelous healing work to be done through us.

WE ARE ALL BLESSED!

Chapter 17

Rescue Work

All through this book, except for the chapter on Corridors which carries out the "I" principle, we have learned as a "we" group. Corridor work (the first "I" work) is extremely important but easily performed. "Send a Corridor to (name of place of need)" is all that is required. The individual (the "I") requests the Corridor be sent and gives thanks that it is done.

Rescue Work or Inner Plane Work like Corridor Work is extremely important and applies the individual (the "I") principle but isn't as easily performed. The two efforts share another similarity for in one of the two aspects of Rescue work, the "I" taking part is helping those who are already on the Inner Plane.

They are different as Corridor Work is done for those who have died suddenly and willingly accept the assistance at hand. Rescue or Inner Plane Work tackles those who have refused or been unable to accept help at the moment of their passing.

I was jolted into Rescue Work twenty years after a tragedy had taken place. In a meditation group of deep intensity a man whom I had seen commit suicide during the latter part of World War II was able to get through to me.

It had begun back in 1944. My husband and I were driving slowly on the bridge over the back part of the Ohio River. It was the kind of night that naturally led to slow driving – the full moon reflected on the water; the air was soft; our mood was gentle.

The car ahead of us was driving at about the same pace when it suddenly slowed and then stopped. A young man opened the back door and stepped abruptly over the guardrail. He went down, hand over hand until his body was out of sight. All we could see as we hurried toward him were four fingers on each hand. He didn't let go immediately. Had he changed his mind? Would he have climbed back up if it were possible?

None of us could do anything. There wasn't enough room to go over the rail after him without falling nor could we grasp those fragile four fingers from underneath.

He fell.

We heard him drown.

There truly is a death gurgle.

We grieved.

The next day's newspaper said he was an AWOL Marine.

Twenty years later the atmosphere of loving meditation was so intense, the experience was shown to me in great detail. The young man was still earthbound and craved assistance.

I didn't know what to do but I gasped and explained what I saw. The woman who sat at my right helped me. She taught me how to send him on his way. I followed her instructions and experienced glory as I watched this suffering young man change and go off with the waiting angels, free after twenty years to begin his next growth on the Inner Plane. In turn, I've taught the technique to others and have assisted many persons lost on the other side to find their path.

PLEASE NOTE: THIS IS A SPECIAL FIELD OF ENDEAVOR ONE SHOULD NOT SEEK. LET YOUR PART BE AN ANSWER TO A CALL FOR HELP.

If one isn't sure of the Call, question the Most High thus: "Am I to work in this field?" If the answer seems, "Yes," situations will be brought to your attention.

As we look at this technique, I have confidence that you will automatically put protection around yourself. If you forgot, take time at this moment to don your protective clothing. Remind yourself again never to do mystical work without protection. This is an inviolate rule!

As you become familiar with the call to do Rescue Work, learn a new type of protection so that troublesome beings from the Inner Plane may not attack you. Do this by giving **A**CHALLENGE TO DARK FORCES! In the Christian Holy Bible, the book of I John, chapter

4, we read: "Beloved, do not believe every spirit, but test the spirits to see whether they are of God; for many false prophets have gone out into the world."

THE CHALLENGE is the powerful protection which keeps away any Being on the Inner Plane of consciousness who would harm you as you allow God's Will to be done through you. The Challenge is a verification of the credentials of the one from the Inner who presents a possibility for you to use your extended senses. We need protection from the negative forces that function on the Inner who would enter our mental, emotional or physical being without an invitation.

Always express the Challenge to any and all manifestations of our extended senses. Say firmly: "In the Name of the Creator, the Universal Mind, I challenge you! Have you come in that Name? If not, then LEAVE ME IMMEDIATELY!" Follow this with a snap of the fingers or a quick clap of the hands to break the connection.

You are then free to work with the one who has contacted you. In this instance, I was working with the young man who had been in the Armed Forces and had committed suicide.

This is the formula to be used:

- 1. Check your own protection and protect the one for whom you are going to work.
- 2. Call in the guardian angel and all other heavenly helpers who are interested in the person being helped. Be sure the Triune Ray is available for its tremendous cleansing, healing, loving capacity. When all those who can be of assistance are gathered together:
- 3. Call aloud three times the name of the person. When the name is unknown, as it was in this case, describe the one so that our Creator will know who is meant. I did this. I spoke aloud three times, "The young man who fell from the bridge of the Ohio River." He was eager for help, as we know, because he had reached out to me.
- 4. Say, "In the Name of (here use the Name of your Most High Leader Jesus Christ, Mohammed or Buddha, for instance) 'I KNOW YOU!'" This is said because in the highest

sense, we do know them! We know them as fellow beings, created of God-Stuff just as we are. We know them as part of THE ALL and they know us.

- 5. This is followed by the statement: "I LOVE YOU!" This is true in the same sense that we can say we know them. We are part of each other and we must allow love to evidence toward everyone.
 - 6. Follow this with "I UNDERSTAND YOU!" and it is so.
- 7. "I BLESS YOU!" This statement frees the guardian angel, the Color Ray Workers, the Triune Ray, Angels of Forgiveness and all other high beings who have chosen to work with the soul

Then, with a sharp snap of the fingers or a quick clap of the hands, say, "<u>I SEND YOU</u> ON YOUR WAY!" and he/she follows the instruction, going to that place of peace or growth where he/she belongs.

THE WORK IS DONE AND WE GIVE THANKS! ONCE MORE, SHAKE YOUR HANDS TO BREAK THE CONNECTOIN WITH THE PATIENT AND THEN WASH THEM. GO OUTDOORS, BREATHE DEEPLY, RELAX AND REST FOR THIS IS WORK WELL WORTH DOING BUT PULLS ENERGY FROM THE WORKER.

There are generally four types of people who are disconcerted when they reach the Inner World and need help: 1) There are those who have taken their own life. 2) Other souls who are confused for one reason or another and fail to recognize their angel guides. 3) Some, even though they have left the earth plane, still feel drawn to the needs of grieving ones on this plane, and 4) Some are trouble makers who prefer to irritate persons on earth and refuse to go with the Angels of Light. All of these beings may contact us from time to time.

The treatment for all cases is the same. We are the channels through which help comes whether the person has taken his/her own life, feels lost, wants to return to earth or tries to cause trouble. The work is done by the Highest of High. We only offer ourselves that the help may be given through us. We have no right to criticize or judge. We declare that which is done to be GOOD!

We give thanks and rejoice.

Here is an example of a person who was confused on the other side and didn't know how to go with the angel who was available when she slipped over.

My niece and I were visiting when she suddenly got paper and a pencil and sketched the face of a young girl. She was obviously agitated and I knew instantly why. I was working as a school secretary of an alternative high school at the time. The girl whose face was drawn was a student there.

The day before another student and she were hitchhiking and were picked up by two men. This was in Sacramento, California. They were taken to a motel near Richmond, California where they were asked to perform sex acts which were repulsive to them.

Threatened with death, one girl gave in. The other didn't and was murdered. Her face was before us. I used the formula I have just given you. The student was carried away by two angels. Her left arm was extended forward by the first angel who led her. Her right arm was stretched backward and the other angel held her aloft from that position as they took her to her place of rest and growth.

* * * * * * *

I mentioned in the beginning of this chapter that Corridor Work and Rescue Work were alike in one way – that they helped beings who have lost their earth lives.

Rescue Work, however, has another facet.

The second section is a very delicate process working with persons who are still in their earth body. THIS MUST BE DONE WITH PERFECT IMPARTIALITY. WE MUST NOT HAVE ANY OPINION IN THE SITUATION.

It is our privilege to GIVE DEAR SOULS THE OPPORTUNITY TO CHOOSE
WHETHER THEY WANT TO STAY ON THIS SIDE OR GO OVER TO THE INNER

PLANE. SOMETIMES THEY ARE CONFUSED AND DON'T KNOW WHAT TO DO. WE GIVE THEM A CHOICE.

If we are called to do this type of Rescue Work we talk serenely, secure in the faith that although we may prepare the "nest" of confidence from which the dear one chooses his/her way, our part is just that – preparing the atmosphere where their decision may be made.

If a person seems near death and yet appears to be afraid to go to the other side or not sure whether the time is right, this work may be done for him/her. The treatment should take place while the dear one is either asleep or in a coma. The reason for this is that the conscious mind is in control when someone is awake. The conscious mind is the reasoning mind and it is insecure. A coma or sleep lets the subconscious mind be dominant. This can be overridden by the heavenly powers and the deep heart can choose.

When the active mind is stilled, this is the option given: 1) Angelic helpers are called in ahead of time. 2) The person's name is called aloud three times with a small pause between each call. 3) You talk to the dear one as the loving friend, relative or worker that you are.

Explain that there are Heavenly Beings present who may be spoken to and with. Fears may be discussed. Situations may be talked over, pro and con. Angels will whisper what the other plane is like if this is what the person wants to know. The heavenly beings will respond to spoken and unspoken questions.

There will be no intrusion from human or angelic beings. The decision belongs to the one being treated. If fears are relieved and there is peace, there may be a swift transition.

Remember, the decision belongs to the one listening. We must not impress our attitude on anyone. We are only to open the way by which a discussion can take place with heavenly beings after which a personal decision is made.

This procedure simply gives those who are afraid and/or indecisive an opportunity to become secure in their **OWN WAY**.

The special quality which we bring to someone is an empathy with them. It is their privilege to go or stay; all we do is give the opportunity to make a choice.

One situation my husband and I dealt with concerned an elderly woman with a severe cancerous condition. Doctors had felt she would die as long as two years earlier but she was still on this earth. She was extremely restless – not content at her own home, in a hospital or nursing home nor with relatives

We used the above formula, with the angelic beings whispering in her ear, explaining that which was a challenge.

This was one of the quickest responses we ever experienced. She telephoned those whom she wished to tell, "Good-bye," laid down on her bed and passes on to the Inner Realm.

We are granted the privilege of giving thanks when someone is released as was this woman but we must also rejoice if another chooses to stay.

One woman, given the opportunity to go or stay, chose to linger in a nursing home for eleven years before she decided to make her exit.

In another case, we knew two sisters whose brother had sugar diabetes. He was faced with the amputation of a limb. As the sisters saw the situation, their brother wasn't ready to go on. They held very traditional religious beliefs and he didn't meet their standards. We had to convince the sisters that their brother belonged to himself and he was working out his own life in his own way.

This accomplished, we could send the angelic helpers to the gentleman. They assured him he was privileged to go or stay. At peace, he chose an almost immediate passing instead of lingering. The sisters were able to rejoice since they finally understood that he was on his own pathway, not theirs.

The decision isn't ours to make but we are privileged to give options. This is a work you should feel sure you are called to do.

It is also one which you approach with full protection as you are dealing with the unknown. Make sure your heart is pure and free of judgment or even emotional attachment. Work as an intermediary through whom the work is channeled. If you have any personal feelings, simply refuse to have anything to do with the case. Recommend someone else to be the helper.

We must know the limitations of ourselves in regard to any kind of spiritual work we undertake. It is our obligation always to be on guard to that God, the Good, under whatever name we choose, is in charge, watching over us, guiding us, infilling and indwelling us.

That which has been given to us stands inviolate, pure, useable, of inestimable value, available, practical and beautiful.

We give thanks for that which has come through as we proceed with our studies to find our special path which will show us our own approach to the glory ahead.

Chapter 18

Our Special Path

In the beginning of '<u>The Angels' Teachings</u>' we learned that there are innumerable groups of Angels. Each group follows a special path while at the same time it expresses the well roundedness of a composite of other characteristics.

When we find our own path, like the angels, we also will be required to be able to understand other persons who follow goals different from our own by understanding other paths.

We found out earlier that the angels stand ready to help us at any time we allow them to do so and that, in turn, they are anxious for us to assist them by our prayers and good deeds. They told us that prayers of Thanksgiving, Blessing and Belief in Healing are especially helpful since those are easily multiplied and sent out over a wide area to those in need who will accept.

Although there are many more kinds of Angels and Paths they travel than we've written about, we've chosen an assortment for consideration to see what line of study, prayer and service suits us best. Whatever our path we are born with, it is unknown to us at birth, although before we were born, we asked to demonstrate it in the physical form in this incarnation.

We discovered earlier that everything expressed on our planet, indeed in the whole Universe, is first conceived on the Inner Plane where its perfection is much greater than that which we are able to translate into actuality.

We have been exposed to the mystical teachings of "NEW" healing techniques which are in fact so "OLD" that they seem new but are just being rediscovered.

Each Special Self is a part of the Great Overall Light that is our Creator. There is a Divine Plan for every one of us and all of our individualization eventually makes the Perfect Whole.

To have reached the point where we are now, we have overcome many challenges in this or other incarnations, for surely we are at a high place in the ladder of achievement to have understood all the lessons in this document.

Included in the things we have mastered are learning the rules of the Prayers of Protection and the directions for softening our personality light and tempering our words and actions so that we are acceptable to those who cross our path.

We are at the point where the Spirit within us has awakened and we've found out that our real purpose is to turn our face toward the Light – toward our Creator – and we consciously start our journey back to that Creative Source which is waiting for us to finish our journey.

There are more persons traveling on the paths of Love, Life and Light. Other paths we'll look at are Peace, Music, Nature, Ceremonial, Beauty and Art, Healing, and the Home, for instance.

Keep in mind that no matter what path we discuss, all the others are part of the whole. We are like the angels in that we have a main path but must also be in tune with all patterns. This lets us grow in our particular field but still understand and get along with those who follow a different star.

The Path of Love

Those of us who are born on this path or ray <u>and realize it</u> are blessed, for the only requirement we face is <u>TO LOVE</u>! For this to be in perfect proportion, we need to add the quality of Wisdom or Light in order to get understanding of the marvel of this ray so that our Love may be in perfect balance.

The Love Ray is centered in the heart. To work with the Angels of Love, we should send this warm, impersonal emotion of God out to these heavenly beings for their use on our planet, the Universe, the Cosmos. To do this, we should become still and center our thinking in our heart area. There is "gray matter" at this heart center just as there is in the cranium. We let the energy accumulate for a few moments, then send it wherever we want. The Angels would have us treat those that we know are in need as well as offer our services to them.

We allow the Love Impulse to go out wherever we choose and stay as long as it wants to. It will close down when the need is met. We then give thanks for what has been accomplished. The Angel Gabriel is the leader of the Angels of Love. As with all departments of the Heavenly Realm, there are numberless helpers at different stages of development working under this great leader. All of them are ready to teach us to love more wisely.

They can guide us away from the selfish use of love which could have us center this emotion entirely upon ourselves or concentrate it in too great a proportion upon another being. The Angels of Beauty and Balance work wonderfully well with the Love Angels in keeping our love in perfect proportion.

The Path of Life

The Angel Azrael, Angel of Life, lets us recognize when this is our path. He speaks so firmly that to live life is to experience everything personally, rather than listening to advice from others. On this ray, we can be heard to say, "I guess I just have to try it out for myself."

If we prefer to experience the hurt or joy for ourselves, this is our Ray. This can be wonderful. Experience teaches us wisely if we choose to learn. It leads to much activity.

Life is a powerful ray. The study of Numerology teaches us that Jesus the Christ expressed fully on this ray. He <u>felt love</u>, but <u>expressed life</u>! He suffered agony, felt emotions deeply, just as we do when we are on the Ray of Life.

The Ray of Life should always be tempered to what is right for us to use. Use the sentence, "Please temper the Ray of Life on which I serve so that no one is hurt," and give thanks that this is done.

When we send out life-giving factors of Color Work, Healing or any other service, be sure to ask the Universal Mind where it should go. If no answer is given to us, let the force go back to Creative Source.

Life is health. If we aren't expressing good health, ask that we demonstrate our Life Ray in the proper way. Express Life in abundance – an abundance of energy, joy, prosperity. Let the breath of the Almighty blow through our minds so that we think Life in its beauty, its goodness!

The Ray of Light

The Ray of Light is also the Ray of Wisdom and should be used in conjunction with all other Rays. Common sense could tell us this for Wisdom IS COMMON SENSE. Common Sense gives us balance, good judgment and perfect proportion to any decision.

The mighty Archangel Michael is in charge of those on the Path of Light as well as the Masters of the Heavenly Realm. He may be called upon at any time for help. His two-edged sword is always available to cut us free from any difficulty.

Instinctively, if this is our path, we know that we will be intelligent. We must learn to ask that our personality light, which emanates from us as our aura, shall be softened so that we don't "come on too hard." On the Path of Light we've a tendency to expect of others the things which we have already learned. We haven't a right to do that. We aren't all at the same level.

We are born to give light and wisdom to the world but unless our light is tempered to what others can take, we get a reputation of being "bossy" and "intrusive" rather than wise and kind which is what we are truly trying to evidence.

When our personality light is right, tact keeps us from intruding into another's aura unless we are invited

Our lessons can be learned from experience, through prayer and meditation and by our dependence on our Creator to open the doors.

Master Ra, who represents Wisdom and Light in the higher realms and offers himself as a personal emissary between us and the Wisdom of Almighty God says, "I want you to come closer to me. All you need to do is ask me in God's Name if you are uncertain of what to do in handling a situation.

"I want you to feel toward me as a friend, not as just a great Master. I'm one like you would go to on the earth plane and say, 'I need a little help.""

Just think of having a personal helper in the field of Light and Wisdom! He says we could talk to him as we are going to sleep, asking that we spend part of our hours of sleep with him. He will take us to beautiful Temples of Wisdom and Light and Temples of Understanding.

He stresses that we need to get understanding of a situation sometimes rather than illumination about it. In fact, he feels that Understanding is so important for those on the Path of Light and all other paths that he tells us understanding, while not a department of its own, is very important in all fields. It is something for which we should pray. The heavenly realm hears prayers for knowledge, patience, and peace but rarely for understanding, he says.

To understand a situation which we face and learn is to be in control of it, whether it is our own body, mind or soul or someone else's body mind or soul, or even the world. If we understand, we have power and can bring Light to the subject.

When we are overwhelmed with the Holy Spirit of Light and Wisdom, we feel we would like to send it to everyone we can think of but we must pause and ask where it shall go. The power of these two factors is strong and must only be sent where it is right lest the one who receives it may be burned.

It should be tempered before it goes out and go only where directed. Therefore, we should ask Creative Source: "As you fill me with Light, where may I send it?" If a name or names or places come quickly to mind, send the Light out. If nothing comes quickly let the Light return to its source.

The Path of Peace

Those who travel the Path of Peace instinctively carry with them an inner contentment, a serenity, peace of mind, a tranquility. Angels of Peace work with a peach color as they swiftly swirl waves of this shade around those whose vibrations emanate a desire for Peace to be expressed in every phase of existence.

Prayers of Protection and the statements of Softening the Personality Light, as well as the request that all words and deeds be tempered to those with whom they come in contact, are especially effective spiritual tools for those on the Path of Peace to use.

Our world seems to be drawn to dissension and war, no matter how desperately those in authority attempt to legislate peace and wage war to end war. It is our opportunity as individuals to think thoughts of Peace, speak words of Peace, dream dreams of Peace, write ideas of Peace, unite others in a search for Peace, declare Peace as an accomplished fact!

The Angels of Peace eagerly hold out their arms to gather in the prayers of Thanksgiving that Peace is accomplished so that these may be offered to Creative Source for blessing, multiplication and enlargement. The masses of Peace as beautiful blossoms thus created are then scattered far and wide that all who will shall be touched by the gentleness, kindness, forgiveness and PEACE thus engendered and "act as though" there is PEACE in the world. To "act as though" is to accept as fact that which we want to be done is already done. Our words and deeds make it so.

No matter what other path you trod, consider joining in with those on the Path to Peace. In so doing, your path will be made better, more beautiful and useful, no matter what one you traverse. Get in tune with the COLOR PEACH FOR PEACE. Think Peach; wear Peach; broadcast Peace over the Etheric Broadcasting System. Sent it to the North, South, East and West. Accept Peach. Accept Peace.

The Path of Healing

The Path of Healing calls upon us to know with our whole Being that this Wholeness of Body, Mind, Soul and Spirit is what Universal Mind wants for every one of us!

The Holy Spirit flows forth Healing constantly. All that is necessary for us to use the path of Healing is to walk, faith-filled, accepting that every facet of Science, Religion, Intelligence, Knowledge is leading to perfection.

Healing is perfection.

Angels of Healing constantly lave us with fountains of healing Colors as we walk the Path of Healing.

The rainbow of colors, which are constantly in the ethers and which we breathe in with every breath, are filled with healing. Accept this and it is so.

Color as Red is the Strength of God.

Color as Gold is the Energy of God.

Color as Yellow is the Intelligence of God.

Color as Green is the Tranquility of God.

Color as Blue is the Cooling of God.

Color as Purple is the Power of God.

Color as Lavender is the Meditation of God.

Color as White is the ALL of God.

The ALL of God is the HEALING OF GOD.

G.M.D.

The hands serve as channels for the healing of God, for those who choose this Ray have the quality of healing in the touch.

Healing pours through our Mind, touching all of us and those people and situations of whom we think.

Our Words are channels for healing. To "speak the Word" is to claim anything and Healing responds to this command.

The Angels of Healing are constantly with us, aiding us as we offer our hearts to them.

To walk the Path of Healing is to HEAL AND TO BE HEALED.

The Path of Nature

The Ray of Nature puts those who travel this path in touch with the earth, its trees and plants, the atmosphere, and the stratosphere. This means they are also in touch with The Elementals, the "little Beings" who tend the earth, air, water and fire. This group is always tenderly tended by a special Nature Angel, as their development isn't as high as others and they need nurturing to be kept helpful to their work.

Persons who walk the Path of Nature in the home have a "green thumb" with the flowers they plant; the vegetables they grow. On a large scale, the scientist with the "green thumb" discovers natural methods of raising and protecting crops; of saving rivers and oceans and the residents therein.

Those on the Path of Nature are called Environmentalists in the political arena. They are the gentle tigers in their love of Nature which they touch with tenderness and defend with vigor. The Angels of Nature gather blossoms of our desires and shower them everywhere.

The Path of Music

Those of us who waltz the Path of Music may visit the Temple of music in our sleep time. This is one of the four great temples built by the Master Builders in the ethers. Here are all kinds and types of musical instruments, some which we know, others strange to us. We who travel this path listen to music, allow it to influence our thoughts and actions and share its beauty with all those who will listen.

Music is heard in the mind before it is written, sung or played for like everything else, it comes from the heavenly realm. As is also true of all, that which is on the Inner Plane is more perfect than what is translated to the world.

Music evidences as color as well as sound. Those of us who are in tune can see notes come from instruments, observe auras around those who play and see color pictures of the music itself.

Music is healing. Its soothing quality eases tension and pain. Its color blue changes the yellow of jaundice in the bloodstream to its natural hue.

Music – healer of hearts; soother of brows; challengers to the grave – creativity at its best – music, the Path we love to walk.

The Path of Beauty and Art

Those who walk this path include the Old Masters of Art whose works still show the steps taken. Modern artists also follow this path, using creative expression in color and material. This field touches sculpting, collages, "found objects art," watercolors, oils, ceramics and endless imaginative products.

There are fountains of beauty, alive with color. The power of natural water in quiet streams and mammoth falls call us to excitement. We admire the characteristics in the human face and form. We admire the talent used to build a home or construct a giant place of beauty.

Those who travel this path see beauty in everybody and everything, recognizing that everyone and every object is doing the best that can be done in their circumstances. The best that is, is beauty!

The Path of Birth

Those who work on the Path of Birth assist in many fields for everything reproduces itself in one way or another. Yeast can be formed from the life cells which are in the air. Grapes can't be washed before they are made into wine as they carry their yeast cells – the life force – on the outside of the skin.

Those on the Path of Birth must have been present when penicillin was created from mold; when the Yew Tree gave up its secret of Taxol. Angels of Birth attend in hospitals, homes, farms, when persons or animals come into this world.

We say, "Ideas are born."

Workers on the Path of Birth are a vital part of Creation!

The Path of Guardian of the Home

This group carries the future of eternity in their hands. Parenting and teaching right concepts is its own reward. Those who are under the guardian of the home grow from children into leaders of mankind.

Tending the home in beauty and love puts the same factors in those who participate in the doing as in those who are receiving in this holy situation.

These paths are shown to us to let us know how to put God into our lives. Some of mankind has removed Universal Mind from the thought pattern and put nothing in its place. The idea of an Eternal Creative Source was resented. Science as decided by man, rather than accepted as Divine Inspiration, was cast aside by many.

If all of us who are touched by the thoughts and secrets of healing revealed in these pages can use the Triune Ray of Love, Life and Light as a great cleansing, healing force on the world of today, we can do a wonderful work for humanity. Let us lift our thoughts and make these three attributes impersonal, universal and effective.

Chapter 19

The Extraordinary Ovals

As we have read and understood what is written in the previous pages and intend to and actually are practicing the rules and admonitions set down therein, we've earned a special gift and blessing.

Here is our special gift and blessing:

Above the head of each one

of us is a Crown of Jewels.

This crown is in three parts, each of which

is a shining oval or diadem or crown, whichever you would like to name it.

These ovals are reflections of the rainbow which, while always in the sky, can only be seen in the daytime. They should, therefore, only be pulled down over us as a blessing during the day.

The first oval or crown jewel is the same in every instance – the white ray – the diamond ray. Its purpose is to cleanse, purify and strengthen each one of us.

We ask that this shall happen to us right now.

The oval is just within reach of our arms.

We stand up. Put our arms up. Metaphorically take hold of the diamond oval, actually feeling it in our hands.

We inhale deeply as we pull this first oval down over us, accepting the marvelous gentle cleansing power as it purifies us in a blessed way. We move our shoulders around a little and

twist our waist a bit as we glory in the effects of this dazzling diamond white which is all around us, making us sparkle! We take it on down to where our feet touch the ground.

Now we straighten ourselves and enjoy this oval as long as we choose.

When we're ready, we reach up for our own special colored jewel based upon the Path which we've decided is ours. Here is a guide:

Love Ray – Sapphire blue

Life Ray – Amethyst

Light Ray – Emerald

Peace Ray – Peach colored quartz

Healing Ray – Deep Sapphire blue

Birth Ray – Sky blue

Beauty and Art Ray – Golden yellow

Guardian of the Home – Rose and soft green

Music Ray – White (which is all colors combined)

Nature Ray – Apple green

We reach up and pull down our own special path's jewel, an oval-shaped ring large enough to go around our whole body.

We luxuriate in it.

It is ours!

We've earned it!

We've also earned the wonderful third oval which is, once again, the same for all of us.

Represented by the topaz, we are to be blessed by the rosy-gold color that represents the WISDOM AND LOVE OF GOD!

Glory in it! Rejoice! Give thanks!

WE'VE EARNED OUR CROWN!

WE'RE PART OF UNIVERSAL MIND!

Chapter 20

Prayer of Release and Attraction

Dear Creator: To you who made me good and to whom I

would return myself in perfection:

I release from me all persons

all things

all habits

all ambitions

all experiences

which are not a part of

my perfect, divine pattern of life.

All persons

all things

all habits

all ambitions

all experiences

which are not a part of

my perfect, divine pattern of life

release me.

I attract to me

all persons

all things

all places

all desires

all ambitions

all experiences

which are a part of

my perfect, divine pattern of life.

All persons

all things

all places

all habits

all desires

all ambitions

all experiences

which are a part of

my perfect, divine pattern of life attract me.

AFFIRMATION and RELINQUISHMENT

In the prayer poem of the previous page is the summary of all we have spoken about, experienced, worked for and accomplished.

It is the epitome of affirmation and the high peak of relinquishment.

An affirmation in its finest sense is a positive, balanced statement of belief which is voiced with such faith that it creates its own answer.

Relinquishment in its finest sense is the utter turning over of that answer for fulfillment in the highest degree according to the Will of our Creator, whether or not the result is what we wanted and/or expected. We declare the result GOOD and it will BE GOOD!

We are to know it is our privilege at this moment to take every word of this book which is an affirmation of our beliefs and relinquish them to their best expression through Universal mind, our Maker.

We utterly turn all of them over for fulfillment in the highest sense according to the will of Creative Source. This is so, whether or not the results are what we expect. We declare the result to be GOOD in the Name of our Creator and our Avatar, no matter what Name we elect to honor.

In so doing, we have faith that the pendulum swings neither too far to the left nor to the right. This balance permits the perfect pattern to evolve.

When we have become so imbued with the Holy Spirit that it becomes us and we become it, the whole process contained in the prayer poem can become part of us with just a few words.

We are blessed in our maturity as we realize that to use the Prayers of Protection and then add, "Divine Order," "Divine Justice," and/or "Divine Harmony," entails the complete process of affirmation and relinquishment.

When we submit a situation to the Divine, we completely remove our own desires and submit our Will to the Divine Will of the High Holy One.

It is up to the individual to decide when he/she has reached the point of selflessness which gives way quickly to our Creator. At that point joy and release, not concern, will be our reaction each time.

The End